

A collection of Scottish Country Dances

Written by or in honour of Nova Scotian dancers
Collected on the occasion of the 35th anniversary
of the RSCDS Nova Scotia branch in 2017



Diagrams by Keith Rose
keith@krose.plus.com

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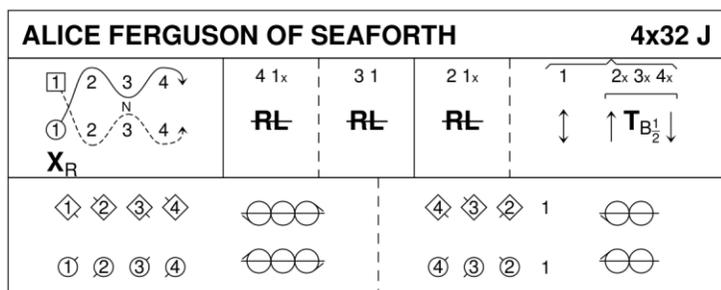
Alice Ferguson of Seaforth

32-bar jig for four couples in a four-couple longwise set

- 1-8 1st couple cross, giving right hand, cast off behind 2nd couple (who step up), dance down between 3rd couple (who step up), cast off behind 4th couple (who step up).
- 9-20 4th and 1st couples dance half rights and lefts,
3rd and 1st couples dance half rights and lefts,
2nd and 1st couples dance half rights and lefts.
All but 1st couple are now on opposite sides.
- 21-24 All advance for 2 bars.
2nd, 3rd + 4th couples turn with both hands to change sides.
All retire (for 2 bars) to own sides and face up/down, ready for ...
- 25-28 Mirror half reels of four on sides:
right shoulder for men, left shoulder for ladies.
Finish in order 4, 3, 2, 1.
- 29-32 1st couple stand still
WHILE
4th, 3rd, and 2nd couples dance mirror half reels of three on the sides.
4th man and 3rd man pass right shoulder to start.
4th woman and 3rd woman pass left shoulder to start.
2nd couple curve toward centre of set out of half reel of four into half reel of three.
- Repeat with a new top couple.

Devised (2008) by Lydia Hedge for Alice Ferguson on the occasion of a special birthday and to thank her for her many years of devoted convener-ship of the Seaforth Scottish Country Dance class in Nova Scotia.

Suggested Tune: "The Dominie" by James Gray (with permission).
Available on the CD *Piano Dance* by James Gray, Track 5: "The Dominie".



Lydia Hedge, 2008

4C/4C longwise set.

All the King's Men

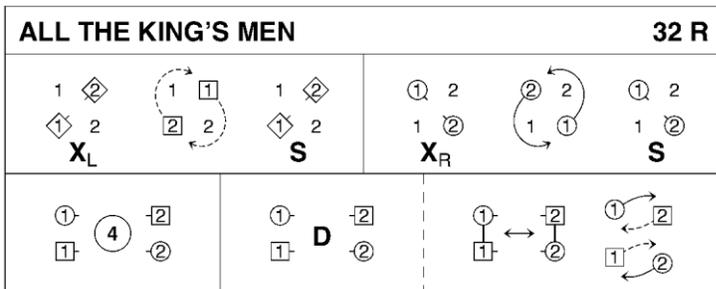
32-bar reel - couple facing couple in a circle round the room

- 1-6 All the women, giving left hands, cross, dance around the man they were facing, back to their original place.
- 7-8 All the women set to each other.
- 9-14 All the men, giving right hands, cross, dance around the woman they were facing, back to their original place.
- 15-16 All the men set to each other.
- 17-24 All circle four hands round and back.
- 25-28 All dance back to back with the person they face.
- 29-32 Joining hands with their partner, all advance for one step, retire for one step, then, passing right shoulders, dance on to meet the next couple.

Devised by Pat Kent.

All the King's Men is the title of the history compiled about the University of King's College and published by the Alumni.

First published in Dancing Through Nova Scotia, Book 2. Reprinted with permission from Paul Kent.



Pat Kent, Dancing Through Nova Scotia 2

2C/2C Round the Room.

An' 't Were Na For the Lasses

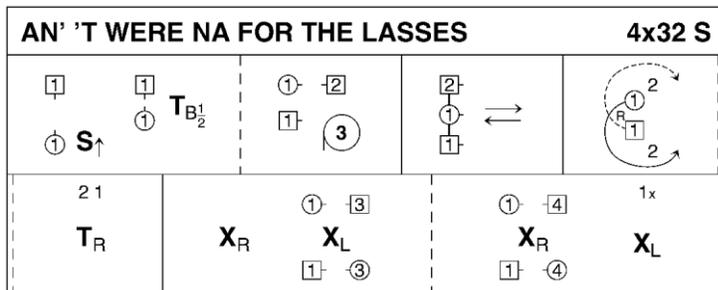
32-bar strathspey for four couples in a four-couple longwise set

- 1-4 1st man sets, advancing, to his partner
then, taking both hands, turns her halfway,
ends facing 2nd woman (first woman on her partner's right).
- 5-8 1st couple and 2nd woman circle three hands round,
finishing with all three facing down the set, 1st man in the middle.
- 9-16 1st couple, with 2nd woman, dance down the middle and up.
All three dancers pull right shoulders back to turn.
2nd woman returns to her original place.
- 17-20 1st man crosses his partner over and both cast around 2nd couple,
who move up into first place.
- 21-24 2nd and 1st couples, giving right hands, turn.
- 25-26 1st couple, giving right hands, change places. They finish facing down.
- 27-28 1st and 3rd couples, giving left hands, change places.
- 29-30 1st and 4th couples, giving right hands, change places.
- 31-32 1st couple, giving left hands, change places.
Repeat with a new top couple.

Devised by Jean Miller (March 25th, 2011) - dedicated to Allan Swanzey who especially loved to dance with the Lassies.

The title comes from the Robert Burns song "Green Grow The Rashes O".

Music: "Green Grow the Rashes O", Colin Dewar.



Jean Miller, 2011

4C/4C longwise set.

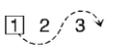
Autumn Showers

32-bar strathspey for three couples in a three-couple longwise set

- 1-4 1st and 2nd couples set and link.
- 5-8 1st and 3rd couples set and link.
- 9-16 3rd and 1st couples dance the knot.
- 17-20 2nd and 1st couples dance a half diamond poussette.
- 21-24 1st couple dance mirror half figures of eight on own sides.
 2nd and 3rd couples step up as the 1st couple passes.
- 25-28 2nd, 3rd & 1st couples dance back to back.
- 29-32 2nd, 3rd & 1st couples turn partners with both hands.
 Repeat with a new top couple.

Devised by Suzanne Lajoie.

Music: "Bruce's Men" by the Jim Lindsay Band.

AUTUMN SHOWERS				3x32 S		
1 2 S & LINK	1 3 S & LINK	3 1 KNOT	2 1 P		2 3 1 D	2 3 1 T_B
<small>Suzanne Lajoie</small>				<small>3C/3C longwise set.</small>		

Bill and Rajeev's Wedding Jig

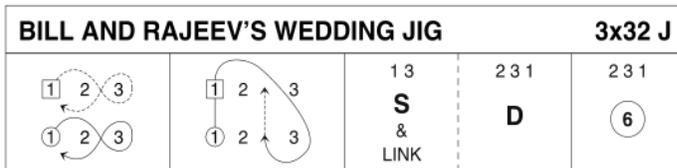
32-bar jig for three couples in a three-couple longwise set

- 1-8 1st couple dance a figure of eight around 2nd and 3rd couples, starting with the 1st woman casting and 1st man dancing into the middle of the set. 1st woman stays facing out and 1st man facing in at the end of the figure, ready for a chase.
- 9-16 1st woman, followed by 1st man, casts around 2nd woman, dances down between 3rd couple, casts up around 3rd man, and 1st woman crosses to second place on own side, as 1st man finishes in second place on own side. 2nd couple step up on bars 11-12
- 17-20 1st and 3rd couples set and link.
- 21-24 All couples dance back to back with partner.
- 25-32 2nd, 3rd and 1st couples dance six hands round and back. (This represents the wedding ring).
Repeat from new positions.

Devised by Suzanne Lajoie (2014).

Recommended music: "Bill and Rajeev's Wedding Jig" on the CD *Spark O' Water, Music for Scottish Country Dancing* by Keith Smith and Muriel Johnstone.

First published in *Spark O' Water, Dances of Nova Scotia*.



Suzanne Lajoie, 2014

3C/3C longwise set.

Bill Nauss of Boulder Bay

32-bar reel for three couples in a four-couple longwise set

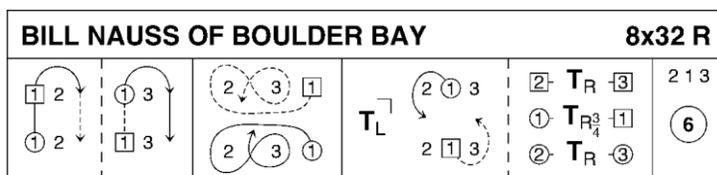
- 1-4 1st woman, followed by her partner, casts off one place, dances across to the opposite side, and finishes facing in. 1st man finishes in 2nd woman's place. 2nd couple step up on bars 3-4.
- 5-8 1st man, followed by his partner, casts off one place, dances across to his own side, and finishes facing in. 1st woman finishes in 3rd woman's place. 3rd couple step up on bars 7-8.
- 9-16 1st couple dance up between the 2nd couple, cast off, meet, dance down between the 3rd couple and cast up to face first corners. 3rd couple step down on bars 15-16.
- 17-20 1st couple turn first corner with the LEFT hand, continue down (1st woman) or up (1st man) the side to dance around their second corner (left shoulder). Finish in lines of 3 across, i.e., 1st man between the 2nd couple and 1st woman between the 3rd couple.
- 21-24 All, giving right hands, turn the opposite person, 1st couple turning three quarters to finish on their own side – in second place.
- 25-32 2nd, 1st and 3rd couples – circle six hands round and back.
Repeat, having passed a couple.

Devised by Lydia Hedge - a birthday gift for Bill Nauss - December 4th, 2009.

1-8 *The two loops of the letter B*

17-20 *The letter N*

Suggested Music: "Mr. William Brown's Reel" from the CD *Old Favourites and Odd Couples*.



Lydia Hedge, 2009

3C/4C longwise set.

Blind Date to Thistle Dew

32-bar reel for four couples in a four-couple longwise set

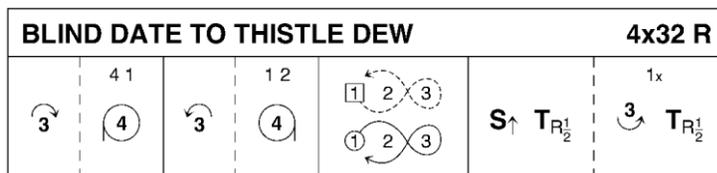
- 1-4 1st couple cast off to fourth place.
 2nd, 3rd and 4th couples step up on bars 3-4.
- 5-8 4th and 1st couples circle four hands round to the left.
- 9-12 1st couple cast up to first place.
 2nd, 3rd and 4th couples step down on bars 11-12.
- 13-16 1st and 2nd couples circle four hands round to the right.
- 17-24 1st couple dance a full figure of eight on their own side
 around 2nd and 3rd couples, dancing towards each other to begin.
- 25-28 1st couple set advancing towards each other
 and, giving right hands, turn halfway to face down.
- 29-32 1st couple lead to the bottom of the set and, turn to their own side.
 2nd, 3rd & 4th couples step up on bars 29-30.

Repeat with a new top couple.

This dance was devised by Jean Miller to celebrate the 25th wedding anniversary of Glen and Yvonne Leduc, May 17, 2005, based on how they met.

- 1-4 *Glen and Yvonne take off one night on a blind date*
- 5-8 *They meet other people there whom they know*
- 9-12 *They mix around and meet other people at the party*
- 13-16 *They dance with other people*
- 17-24 *They give each other the once over - good eye contact here*
- 25-28 *They acknowledge the fact that - "Hey, maybe this is the one for me!"*
- 29-32 *They dance into the sunset and have been dancing together ever since!!!*
Long may they dance together.

Suggested Music: "Neko's Reel" on *Dancer's Choice 1*, Marian Anderson - HRMCD601.



Jean Miller, 2005

4C/4C longwise set.

Brendan Brae

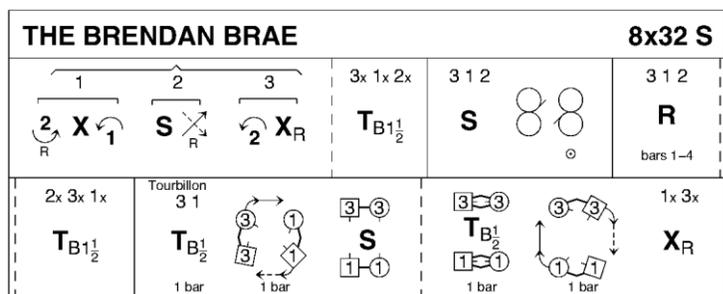
32-bar strathspey for three couples in a four-couple longwise set

- 1-4 1st couple lead down the middle, cross over and cast up into second place
WHILE 2nd couple set and, giving right hands, cross over to finish in third place
WHILE 3rd couple cast up to the top of the set and, giving right hands, cross over. All dancers are now on opposite sides (3, 1, 2).
- 5-8 All three couples, giving both hands, turn partner one and one-half times to own sides.
- 9-16 All three couples set. 1st woman with 3rd couple and 1st man with 2nd couple dance six-bar reels of three, giving LEFT shoulders to first corner positions to begin.
- 17-20 3rd couple dance down middle, cross over and cast up into second place
WHILE 1st couple set and, giving right hands, cross over to finish in third place
WHILE 2nd couple cast up to the top of the set and, giving right hands, cross over. All dancers are now on opposite sides (2, 3, 1).
- 21-24 All three couples, giving both hands, turn partner one and one-half times to own sides.
- 25-32 3rd and 1st couples dance the tourbillon,
 3rd couple finishing in their original place (2, 1, 3).
 Repeat, having passed a couple.

Devised by John Wood (March, 1992) on the occasion of Brenda Porter's birthday.

Previously published in *Passing the Porter and Other SCD*, reprinted with permission from Amanda Wood.

Music: "Porchester Hall" on *Selected Scottish Country Dances*, Jim MacLeod.



John Wood, 1992, *Passing the Porter and Other SCD*

3C/4C longwise set.

The Cabot Trail

32-bar strathspey for four couples in a four-couple longwise set

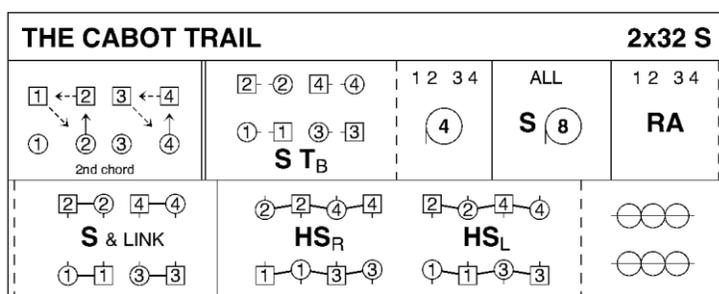
1st and 3rd couples are on the men's side and 2nd and 4th couples are on the women's side, as at the start of *Glasgow Highlanders*.

- 1-4 All set to partners and, giving both hands, turn once round.
 5-8 1st and 2nd couples also 3rd and 4th couples, dance four hands once round to the left.
 9-16 All set on the sides, then dance eight hands round to the left to finish in original places.
 17-20 1st and 2nd couples also 3rd and 4th couples, dance right hands across once round.
 21-24 All, facing across the dance, dance set and link with partner.
 The men finish facing out. All join right hands with partners and left hands with the couple on their other side.
 25-28 All couples balance in line with Highland Schottische steps:
 With right foot, dance first bar in place, on second bar, partners change hands as they pass. Repeat with left foot, finish facing partner in a line of four. (as in *Monadh Liath – Bankhead 6*)
 29-32 All couples dance a half reel of four on the sides. Finish facing partners on side.
 3rd and 4th couples are now at the top of the set.
 Repeat the dance once only to return to original places.
 Stay facing partners for the final bow and curtsey.

Devised by John Drewry (1997) for the Summer School in Halifax, Nova Scotia. Previously published in *The Greenburn Book*. Reprinted with permission from TAC, who hold the copyright for all Drewry dances.

Note: The Cabot Trail is a famous tourist route along the north shore of Cape Breton Island in Nova Scotia.
John Cabot (Giovanni Caboto) (1450-1498) was born in Genoa but settled as a merchant in Bristol. He set out from Bristol in the "Matthew" in 1497 (500 years ago) and, after sailing 52 days, landed on Cape Breton Island.

Tune: "King George the IVth", "The King's Reel" – *The Skye Collection*.



John Drewry, 1997, Greenburn Book

4C/4C longwise set.

Canada 150 Eh!

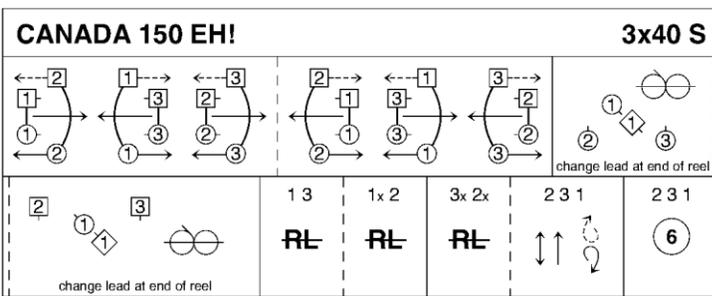
40-bar strathspey for three couples in a three-couple longwise set

- 1-8 1st, 2nd and 3rd couples dance over/under arches for eight bars until everyone is back to place:
 1st couple begin by dancing down the set under an arch made by the 2nd couple as they dance up, 2nd couple turn to face down as 1st couple make an arch for the 3rd couple to dance under as they dance up. 2nd couple then dance under the arch made by the 3rd couple as the 1st couple turn to face up to meet the 2nd couple and so on.
 All finish in original places.
- 9-16 1st couple dance a half reel of three in tandem with the 2nd and 3rd men, 1st woman giving left shoulder to 3rd man.
 The man takes over the lead, and they dance a half reel of three in tandem with the 2nd and 3rd women, 1st man giving left shoulder to 2nd woman.
 1st couple finish in original places.
- 17-20 1st and 3rd couples dance half rights and lefts.
- 21-24 1st and 2nd couples dance half rights and lefts.
- 25-28 3rd and 2nd couples dance half rights and lefts.
- 29-32 2nd, 3rd and 1st couples advance for one step, retire for one step, advance for one step, pull back right shoulder and dance out to place.
- 33-40 2nd, 3rd and 1st couples dance six hands round and back.
 Repeat with a new top couple.

Devised by Suzanne Lajoie (2017) for the celebration of Canada's 150th birthday.

Note:

- 1-8 *Coming over the ocean to Canada.*
 9-16 *Exploration.*
 17-28 *Building homes.*
 29-32 *Meeting new friends.*
 33-40 *Celebration.*



Suzanne Lajoie, 2017

3C/3C longwise set.

Cape Breton Island

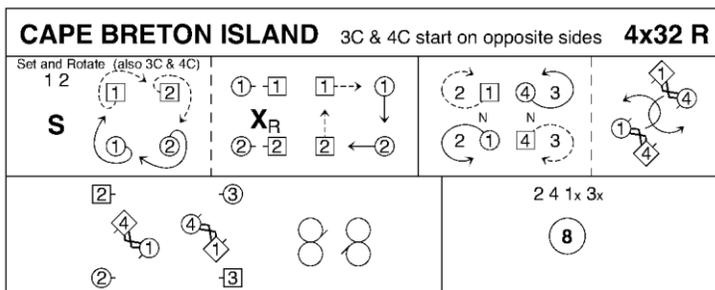
32-bar reel for four couples in a four-couple longwise set

In this dance, 3rd and 4th couples cross to the opposite sides on the second chord.

- 1-8 1st couple with 2nd couple and 3rd couple with 4th couple set and rotate.
Finish in order 2, 1, 4, 3.
- 9-12 1st couple, with nearer hands joined, dance up between 2nd couple and cast off to second place,
WHILE 4th couple, with nearer hands joined, dance down between 3rd couple and cast up to third place on opposite sides.
- 13-16 1st man and 4th woman also 1st woman and 4th man join hands in promenade hold and dance round each other, passing by the left, until 1st man and 4th woman are in the middle of the dance in second place, facing up and 1st woman and 4th man are in third place, facing down.
- 17-24 1st man and 4th woman (in promenade hold) dance a reel of three across the dance with 2nd couple, passing 2nd man by the left and finishing in 2nd and 3rd places on the women's side.
WHILE 1st woman and 4th man dance a similar reel with 3rd couple, passing 3rd man by the left and finishing in 2nd and 3rd places on the men's side.
Finish in order 2, 4, 1, 3, with 1st and 3rd couples on the opposite side.
- 25-32 Circle eight hands round and back.
Repeat from new positions.

Devised by John Drewry (July 1988) for the Summer School in Halifax, Nova Scotia. Previously published in *Summer Collection 1988*. Reprinted with permission from TAC, who hold the copyright for all Drewry dances.

Music: "Thor & Richard's Rant" by Muriel Johnstone.



Catherine's Garden Walk

32-bar strathspey for four couples in a four-couple longwise set

- 1-8 All four couples dance a promenade.
- 9-10 All set on the sides.
- 11-12 All advance and retire.
- 13-14 1st with 2nd couple and 3rd with 4th couple dance right hands across halfway.
- 15-16 1st and 4th couple (the middle couples) dance left hands across halfway.
- 17-24 All dance reels of four on the sides.
- 25-28 Middle two couples (4th and 1st), taking both hands, turn partners halfway, then pull back right shoulder and dance out to opposite sides.
- 29-32 All four couples circle eight hands round halfway. Finish in order 3, 1, 4, 2.
Repeat with a new top couple.

Devised by Ed Porter in celebration of Catherine Pross' 60th Birthday and her magnificent garden.

CATHERINE'S GARDEN WALK				4x32 S		
1 2 3 4	1 2 3 4	1 2 3 4	1x 4x	2x 4 1 3x	4 1	
PROM	S ↓	RA	LA			

Ed Porter

4C/4C longwise set.

Dance for Mae

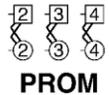
32-bar strathspey for four couples in a four-couple longwise set

- 1-4 1st and 2nd couples dance half rights and lefts.
- 5-8 1st and 3rd couples dance half rights and lefts.
- 9-12 1st and 4th couples dance half rights and lefts.
 Finish 2, 3, 4, 1, all on opposite sides.
- 13-16 All set.

 1st couple, giving right hands, cross
 WHILE 2nd, 3rd and 4th couples, giving right hands, turn halfway
 into promenade hold facing up. (2, 3, 4, 1)
- 17-24 2nd, 3rd and 4th couples dance a promenade.
- 25-32 2nd with 3rd couple and 4th with 1st couple dance right hands across
 and left hands across.

 Repeat with a new top couple.

Devised by Sue Beaver.

DANCE FOR MAE					4x32 S	
1 2	1x3	1 4	ALLx	$\overbrace{2x\ 3x\ 4x}^{1x}$		2 3 4 1
RL	RL	RL	S	T_{R_{1/2}} X_R	PROM	RA LA

Sue Beaver

4C/4C longwise set.

Dewy Fields

32-bar strathspey for 4 couples in a 4-couple longwise set

- 1-8 First and second couples set, turn partner with both hands halfway and open into four hands round to the left halfway, and set.
First couple are now in second place.
- 9-16 First and third couples repeat the first 8 bars, first couple finishing in third place.
- 17-24 First and fourth couples set, turn partner once round with the right hand; first couple cast off into fourth place as fourth couple, retaining right hand, lead up and curl into third place.
All four couples set.
- 25-28 Second and third couples, and fourth and first couples dance right hands across.
- 29-32 All four couples turn partner with right hands.
Repeat with a new top couple.

Devised by Jean Miller - A tribute to Betty Hildebrand.

"When Dewy Fields Are Green" is a poem written by Betty's grandfather, David Scott, and published in 1922.

Music: "When Dewy Fields Are Green" by Adam Laird.

DEWY FIELDS				4x32 S			
1 2	1x 2x	1 3	1x 3x	1 4		2 3 4 1	2 3 4 1
S T _{B₂1}		S T _{B₂1}		S T _R		S	RA T _R

Jean Miller

4C/4C longwise set.

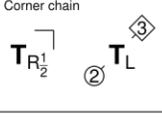
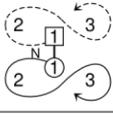
Eleanor's First Birthday

40-bar jig for four couples in a four-couple longwise set

- 1-8 1st couple lead down the middle and up. Stay in the middle.
2nd couple step in below and face up.
- 9-16 1st and 2nd couples dance an allemande. 1st couple finish facing first corners.
- 17-32 1st couple dance a corner chain with first and second corners.
1st couple finish facing up in the centre, nearer hands joined.
- 33-40 1st couple dance up between 2nd couple, separate, cast off around 2nd couple, meet,
dance down between 3rd couple, separate and cast up to second place.
Repeat, having passed a couple.

Devised by Lydia Hedge for Eleanor Nieforth on the occasion of a special birthday party
– the first since she was a small child.

Suggested Music: "Clydeside Lassies" on *Shining Lights* by Tullochgorum.

ELEANOR'S FIRST BIRTHDAY				4x40 J		
	1 2 A	Corner chain 			R	

Lydia Hedge

4C/4C longwise set.

The Golden Years

A 32-bar strathspey for three couples in a four-couple longwise set

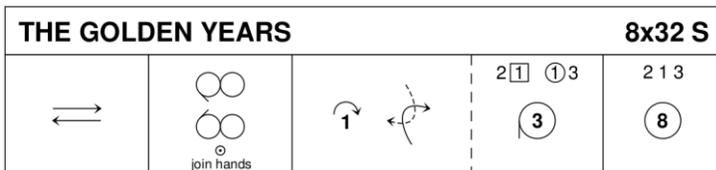
- 1-8 1st couple lead down the middle and up, finishing in the centre facing up.
- 9-16 1st, 2nd and 3rd couples dance reels of three on the sides:
 1st couple, cast to begin
 2nd couple, dance in and up
 3rd couple, dance out and up.
- All couples join hands in the centre, as they meet.
 At the end of the reel, 1st couple finish on the sides facing out.
- 17-20 1st couple cast off one place, 2nd couple stepping up.
 1st couple, passing by the right shoulder, dance around each other
 to finish 1st woman facing 2nd couple, and 1st man facing 3rd couple.
- 21-24 1st woman with 2nd couple, and 1st man with 3rd couple circle to the left,
 1st couple breaking the circles to form ...
- 25-32 Six hands round to the left and back.
 Repeat, having passed a couple.

Choreographed by Pat Kent of Dartmouth, Nova Scotia, Canada. Printed with permission from Paul Kent.

Dedicated to Mac and Mary Gray on the occasion of their 50th Wedding Anniversary
 16th March, 1995.

The dance depicts:

- 1-8 *The marriage of Mac & Mary.*
 9-16 *Their journey to Canada.*
 17-32 *Their unending help, support and encouragement shown to each other, their family
 and to all people they have encountered, whether Scottish country dancers,
 work colleagues, skaters, or students.*



Pat Kent, 1995

3C/4C longwise set.

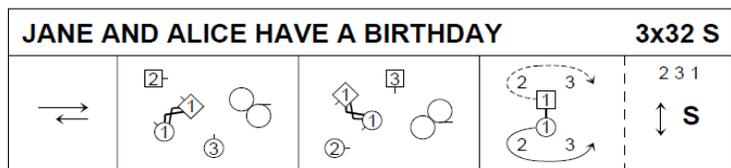
Jane and Alice Have a Birthday

32-bar strathspey for three couples in a three-couple longwise set

- 1-8 1st couple lead down the middle and up to second place.
 2nd couple step up on bars 3-4.
 1st couple finish in the centre in promenade hold, facing 2nd woman.
- 9-16 First couple dance diagonal reel of three with second corners,
 giving right shoulder to 2nd woman. 1st couple finish facing 2nd man.
- 17-24 First couple dance diagonal reel of three with first corners,
 giving left shoulder to 2nd man. 1st couple finish in the centre, facing the top.
- 25-28 1st couple dance up through 2nd couple, divide and cast to the bottom.
 3rd couple step up on bars 27-28.
- 29-32 2nd, 3rd and 1st couples advance and retire (1 step each way) and set.
 Repeat with a new top couple.

Devised by Lydia Hedge (November 2011) on the occasion of Jane Jones' and Alice Ferguson's birthdays.

Suggested Music: "Christine's Fancy" from Marian Anderson's album *Kangaroo Paw*.



Lydia Hedge, 2011

3C/3C longwise set|

Janis

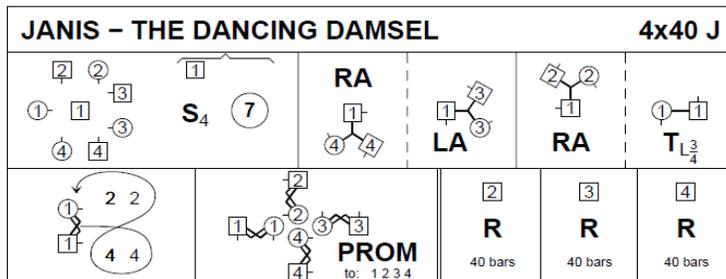
The Dancing Damsel

40-bar jig for four couples in a four-couple square set

- 1-8 All four couples circle seven hands round and back
 WHILE 1st woman dances her own dance in the middle.
- 9-12 1st woman dances right hands across with the 4th couple.
- 13-16 1st woman dances left hands across with the 3rd couple.
- 17-20 1st woman dance right hands across with the 2nd couple.
- 21-24 1st woman turns her partner with the left hand into promenade hold, facing down.
- 25-32 1st couple (in promenade hold) dance a figure of eight around 4th and 2nd couples, giving right shoulder to the 4th woman to begin. Finish in original places.
- 33-40 All four couples promenade around the set to the right (anticlockwise) finishing in original places.

Dance is repeated three times with 2nd, 3rd and 4th woman in the middle of the circle.

Devised by Jean Miller in memory of Janis Platts.



Jean Miller

4C/4C square set.

Jessica's Strathspey

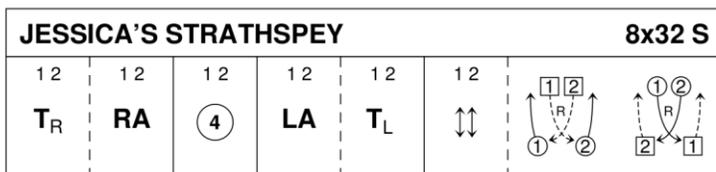
32-bar strathspey for two couples in a three- or four-couple longwise set

- 1-4 1st and 2nd couples, giving right hands, turn partners once round.
- 5-8 1st and 2nd couples dance right hands across.
- 9-16 1st and 2nd couples circle four hands round to the left and back.
- 17-20 1st and 2nd couples dance left hands across.
- 21-24 1st and 2nd couples, giving left hands, turn partners once round.
- 25-28 1st and 2nd couples advance and retire one step each way, twice.
- 29-30 1st and 2nd women lead across to men's side, dancing between their partners,
2nd woman crossing up and 1st woman down
WHILE the men dance over to the women's side,
looping into their partners' places.
- 31-32 1st and 2nd men lead across to men's side, dancing between their partners,
2nd man crossing up and 1st man down
WHILE the women dance over to the women's side,
looping into progressed places.

Repeat, having passed a couple.

Devised by John Wood (March 1993) for Jessica Beveridge (Demonstration Team Dancer).
Printed with permission from Amanda Wood.

Music: "The Northern Meeting" [tunes: Original/Miss Jane Stewart / Johnny Pringle /
Lord Blantyre / Lads of Tain] on Bobby Brown's The Island Fling.



John Wood, 1993

2C/3C or 4C longwise set.

Jim MacLellan's Strathspey

32-bar strathspey for four couples in a four-couple longwise set

- 1-8 1st man and 2nd woman set to each other. They “pass right then join left” (see Note); giving left hands, they turn approximately half way round, and then 1st man passes 2nd man by the right and casts up to place, while 2nd woman passes 1st woman by the right and casts off to place. 3rd man and 4th woman dance similarly.
- 9-16 1st woman and 2nd man set to each other. They “pass right and join left”; giving left hands, they turn just over half way round, and then 1st woman passes 2nd woman by the left and casts up to place, while 2nd man passes 1st man by the left and casts off to place. 3rd woman and 4th man dance similarly.
- 17-20 2nd and 3rd couples set to partners and then, giving both hands, turn partners. 2nd couple finish facing up with nearer hands joined, while 3rd couple, similarly, finish facing down.
- 21-24 1st woman and 2nd woman, also 3rd man and 4th man, giving right hands, turn one and a half times, **WHILE** 1st man and 2nd man also 3rd woman and 4th woman, giving left hands, turn one and a half times. (i.e. the 2nd and 3rd couples use their free hands for the turning). The order is now 2, 1, 4, 3.
- 25-32 1st and 4th couples set and rotate. The order is now 2, 4, 1, 3.
Repeat from new positions.

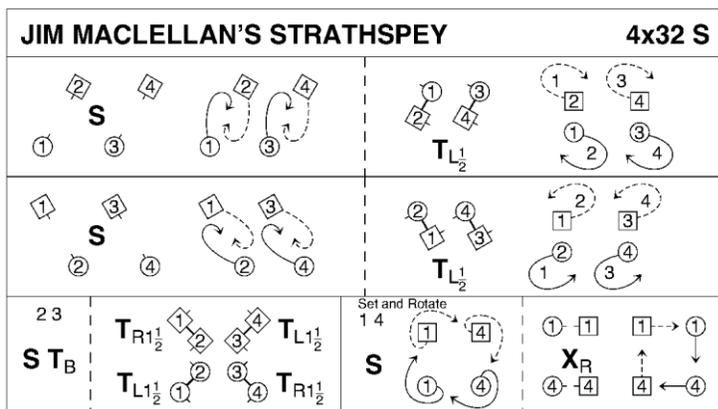
Note: “Pass right then join left” – This movement takes two bars of music. The dancers dance just past one another passing by the right – they should be slightly further apart than when making a wide turn with the right hand.

On the second bar, they turn towards one another and join left hands.

Devised by John Drewry. For Jim MacLellan of Cape Breton Island, Nova Scotia.

Recommended music: “Jim MacLellan’s Strathspey” on the CD *Spark O’ Water, Music for Scottish Country Dancing* by Keith Smith and Muriel Johnstone.

Previously published in *Summer Collection 1988* and *All Around The Circle*. Reprinted with permission from TAC, who hold the copyright for all Drewry dances.
Also published in *Spark O’ Water, Dances of Nova Scotia*.



John Drewry, 1988, All Around the Circle & Spark O' Water

4C/4C longwise set.

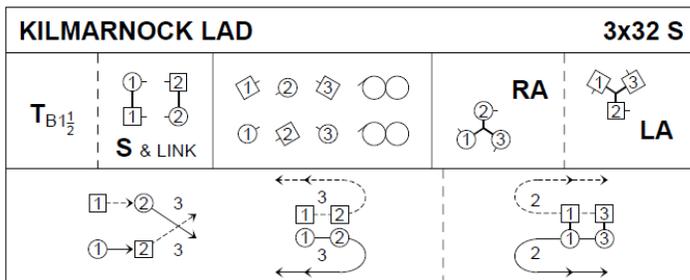
Kilmarnock Lad

32-bar strathspey for three couples in a three-couple longwise set

- 1-4 1st couple, taking both hands, turn one and one-half times to finish facing 2nd couple who step in on bar 4 and take nearer hands, facing up.
- 5-8 1st and 2nd couples set and link, ending on the sides of the set, facing up and down, i.e. with 1st woman facing 2nd man on the women's side and 1st man facing 2nd woman on the men's side.
- 9-16 All three couples dance right shoulder reels of three on the sides of the dance.
- 17-24 All three men dance right hands across, then all three women dance left hands across.
- 25-28 2nd couple, followed by 1st couple, cross down between 3rd couple (1st couple do not cross, so both couples are now on their own sides). 2nd couple casts up to the top, with 1st couple ending in second place.
- 29-32 1st couple, followed by 3rd couple, dance up between 2nd couple at the top and cast down their own side. (2, 3, 1).

Repeat from new positions.

Devised by Duncan and Maggie Keppie - for Rob Raeside, VSCD teacher, who grew up in Kilmarnock, Scotland and was a scholar at Kilmarnock Academy before emigrating to Canada.



Duncan and Maggie Keppie

3C/3C longwise set.

Leaving Portree

40-bar jig for four couples in a four-couple longwise set

- 1-8 1st couple cast and dance down the outside for 4 bars, then turn towards each other and dance up to place.
- 9-24 1st couple with 2nd and 3rd couples dance mirror reels of three on opposite sides of the set and then on own sides (cross-over reels).
- 25-32 1st couple, followed by 2nd, 3rd and 4th couples, cast off. 1st couple form an arch, through which 2nd, 3rd and 4th couples dance up to first, second and third place, 1st couple remaining in fourth place.
- 33-40 2nd couple with 3rd couple, and 4th couple with 1st couple, dance right hands across and left hands across.
- Repeat from new positions.

1-8 *Tears at leaving Skye*

9-24 *Winding roads leaving Skye*

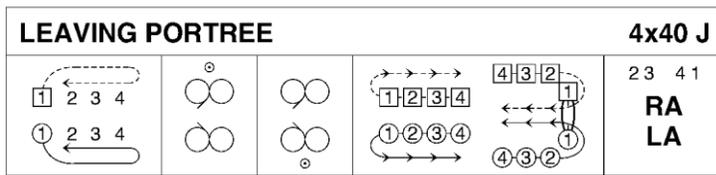
25-32 *The Skye Bridge*

33-40 *The mountains of Kintail on the mainland of Scotland*

Devised by Suzanne Lajoie (May 2007) in Portree, Isle of Skye.

Recommended music: "Leaving Portree" on the CD *Spark O' Water, Music for Scottish Country Dancing* by Keith Smith and Muriel Johnstone

First published in *Spark O' Water, Dances of Nova Scotia*.



Suzanne Lajoie, 2007, Spark O' Water

4C/4C longwise set.

Let's Celebrate

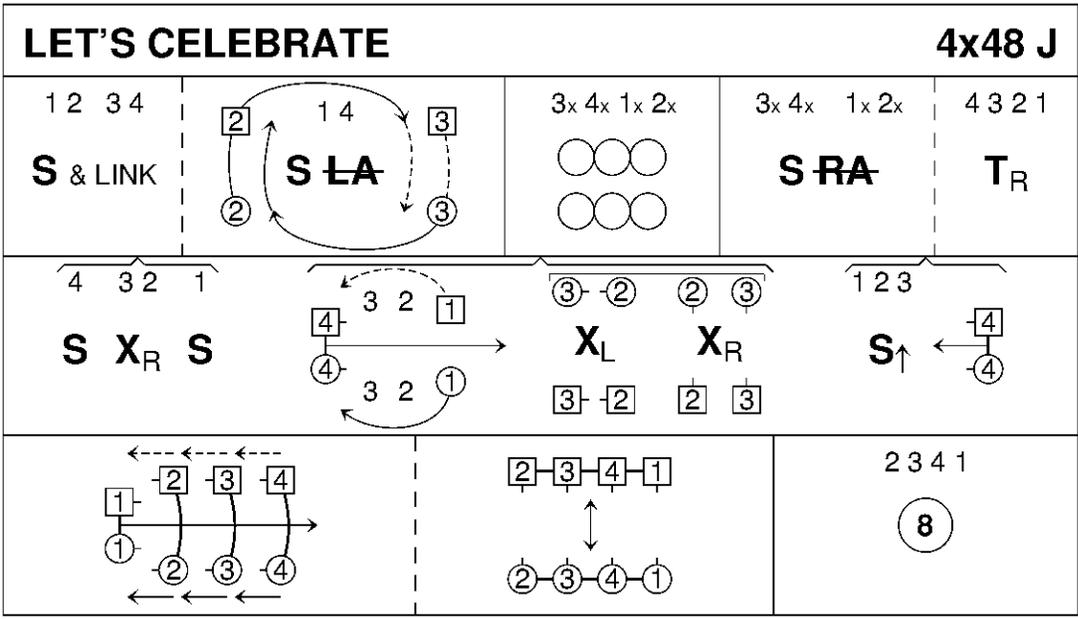
48-bar jig for four couples in a four-couple longwise set

- 1-4 1st with 2nd couples and 3rd with 4th couples, set and link.
- 5-8 2nd and 3rd couples (end couples) chase to opposite ends clockwise;
WHILE 1st and 4th couples (middle couples) set on the side
and dance left hands across halfway.
All dancers are now on opposite sides.
- 9-16 All couples dance reels of four on opposite sides,
3rd and 1st couples facing down, and 4th and 2nd couples facing up.
- 17-20 3rd with 4th couples (top two) and 1st with 2nd couples (bottom two)
set and dance right hands across halfway. Finish in order 4, 3, 2, 1.
- 21-24 All turn partners, giving right hands.
- 25-26 1st and 4th couples (ends) set, 3rd and 2nd couples (middle), giving right hands,
cross (beginning of $\frac{3}{4}$ rights and lefts) *;
- 27-30 4th couple (top), nearer hands joined, dance down below fourth place,
remaining in middle of set;
WHILE 1st couple (bottom) cast up the outside of the set to top;
WHILE 3rd and 2nd couples (middle) change places on the side with left
hands and, giving right hands, cross again (end of $\frac{3}{4}$ rights and lefts).
- 31-32 1st, 2nd, 3rd couples (top three) advance setting to meet
WHILE 4th couple (bottom) dance up to fourth place.
All take inside hands to make arches and face up, except 1st couple, who face down.
- 33-36 2nd, 3rd and 4th couples (bottom three) dance up with nearer hands joined in arches.
WHILE 1st couple (top) dance down under arches. Finish on the sidelines.
- 37-40 All four couples advance and retire.
- 41-48 Circle eight hands round and back.
Repeat with new top couple

***NOTE:** On bars 25-30, 3rd and 2nd couples are dancing rights and lefts $\frac{3}{4}$ around.

Devised by John Wood on the occasion of the 15th Anniversary of the RSCDS Nova Scotia Branch, Saturday, November 15th, 1997. Printed with permission from Amanda Wood.

Music: "Cold and Raw" (tunes: Cold and Raw / Irish Whiskey / Dan the Cobbler / Blackthorn Stick) on Drummond Cook's *Tae Gar Ye Loupe*.



John Wood, 1997

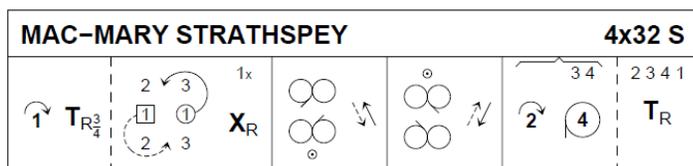
4C/4C longwise set.

Mac-Mary Strathspey

32-bar strathspey for four couples in a four-couple longwise set

- 1-2 1st couple cast off one place, 2nd couple stepping up.
 3-4 1st couple, giving right hands, turn three quarters.
 5-6 1st couple cast round first corners by the left shoulder
 to opposite sides to second place.
 7-8 1st couple, giving right hands, cross over and face out.
 9-14 2nd, 1st and 3rd couples dance a reel of three on their own side,
 1st man giving right shoulder to 2nd man,
 and 1st woman giving right shoulder to 3rd woman.
 15-16 1st couple finish by crossing over to their opposite sides, facing out.
 17-22 2nd, 1st and 3rd couples dance a reel of three on the sides,
 1st woman giving left shoulder to 3rd man
 and 1st man giving left shoulder to 2nd woman.
 23-24 1st couple finish by crossing over to their own sides, facing out.
 25-28 1st couple dance down the outside of the set to fourth place
WHILE 3rd and 4th couples dance four hands round to the
 left, moving up to finish in second and third places.
 29-32 All four couples, giving right hands, turn their partner.
 Repeat with a new top couple.

Devised by Pat Kent in honour of Mac and Mary Gray. Printed with permission from Paul Kent.



Pat Kent

4C/4C longwise set.

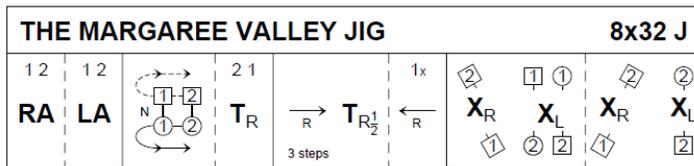
The Margaree Valley Jig

32-bar jig for two couples in a three- or four-couple longwise set

- 1-8 1st and 2nd couples dance right hands across and left hands across, finishing in the centre facing the top.
- 9-12 1st couple dance up one step, then cast off into second place, **WHILE** 2nd couple dance up the middle and loop into first place.
- 13-16 2nd and 1st couples, giving right hands, turn their partners.
- 17-20 1st couple lead down the middle for three steps, turning halfway round on the fourth step. Finish facing up.
- 21-24 1st couple lead up to second place on opposite sides.
- 25-26 2nd and 1st women, giving right hands, change places.
- 27-28 1st woman and 2nd man also 2nd woman and 1st man, giving left hands, cross over. 1st man and 2nd woman are now in second place on their own sides; 2nd man and 1st woman are in first place on their opposite sides.
- 29-30 1st and 2nd women, giving right hands, change places.
- 31-32 2nd couple, giving left hands, cross to their own side.
Repeat, having passed a couple.

Devised by Pat Kent.

First published in *Dancing through Nova Scotia, Book 1*. Reprinted with permission from Paul Kent.



Pat Kent, *Dancing through Nova Scotia 1*

2C/4C longwise set.

The Mayflower

32-bar reel – Round the room dance

A double circle of dancers with the men on the inside (backs to the centre) facing their partners.

- 1-2 All set.
- 3-4 Giving right hands, all change places with partner.
- 5-8 Repeat bars 1 – 4, again giving right hands.
- 9-16 All the women dance a figure of eight round the men,
going diagonally to their right to start and passing that man by the right shoulder.
Then round their partner, passing him by the left shoulder back to place.
- 17-24 All the men dance a figure of eight round the women,
passing the woman diagonally to his left by the left shoulder and then his partner,
passing her by the right shoulder.
Finish beside his partner in promenade hold, facing anticlockwise.
- 25-28 All promenade for four steps.
- 29-32 All the men stand still, while the women continue round, passing one man
and finishing with the next man.

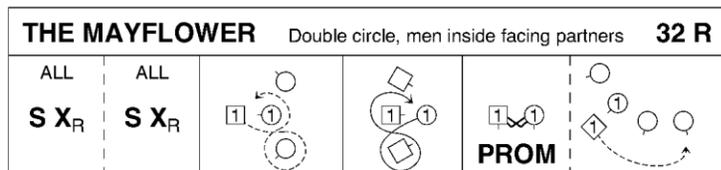
Repeat with new partner.

Devised by Pat Kent

***Theme:** The Mayflower is the provincial flower emblem of Nova Scotia. This dance was first performed at the Nova Scotia Family Dance Camp to introduce Scottish Country Dancing to folk dancers, ballroom dancers and square dancers, and it became a favourite of the camp.*

Previously published in *Dancing Through Nova Scotia Book 1*. Reprinted with permission from Paul Kent. Also published in *Spark O' Water, Dances of Nova Scotia*.

Recommended music: "The Mayflower" on the CD *Spark O' Water, Music for Scottish Country Dancing* by Keith Smith and Muriel Johnstone



Pat Kent, *Dancing Through Nova Scotia, Book 1 & Spark O' Water*

1C/1C Round the Room.

Mhairi and I

40-bar jig for four couples in a four-couple longwise set

- 1-8 Variation on figure of eight: 1st couple dance down two places, out between 3rd and 4th couples on own sides, down below 4th couple. 1st couple dance up one place, out between 3rd and 4th couples on own sides, to end in second place on own side of dance (2nd couple stepping up on 7-8).
- 9-16 All four couples, taking hands on the side, advance for two, retire for two. Repeat.
- 17-24 1st and 3rd couples set and link. 1st and 4th couples set and link.
- 25-32 2nd couple with 3rd couple, 4th couple with 1st couple, dance right hands across and left hands across.
- 33-36 1st couple dance up one place and cast off around 4th couple.
- 37-40 Giving right hands, 1st couple turn once round.
Repeat, having passed a couple.

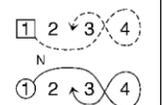
- 1-8 *Mhairi and I wend our way down the trail to the long sandy beach.*
- 9-16 *We see the sparkling waves rolling onto the shore.*
- 17-24 *Sea gulls, piping plovers, and sandpipers work their way along the tide's edge, seeking the breakfast treasures brought by the Atlantic Ocean.*
- 25-32 *We often meet other dogs and owners, greeting old friends and making new ones.*
- 33-40 *It's time to go home, but we promise each other to return again.*

This is a story dance about the regular walk I take with my dog Mhairi, a yellow labrador, at Rainbow Haven Beach, Cole Harbour, Nova Scotia.

Devised by Patricia Miles (2015)

Recommended music: "Mhairi and I" on the CD *Spark O' Water, Music for Scottish Country Dancing* by Keith Smith and Muriel Johnstone.

First published in *Spark O' Water, Dances of Nova Scotia*.

MHAIRI AND I				4x40 J	
	2 1 3 4 ↕	1 3 S & LINK	1 4 S & LINK	2 3 4 1 RA LA	

Patricia Miles, 2015, Spark O' Water

4C/4C longwise set.

The Micmac Rotary

96-bar reel for four couples in a square set

Figure 1

- 1-8 1st and 3rd couples, with nearer hands joined, set to opposites and dance "La Baratte" with opposites to change sides. Finish facing out, in promenade hold with partners.
- 9-12 2nd and 4th couples, in promenade hold, advance and retire **WHILE** 3rd and 1st couples dance anticlockwise around the side couples and into the middle, passing the other couple left shoulder, to face the side couples. (1st couple face 4th couple and 3rd couple face 2nd couple)
- 13-16 1st and 4th couples, in promenade hold, dance round each other by the right to return to original places. 3rd and 2nd couples, similarly, dance round each other.
- 17-32 Repeat bars 1-16 with 2nd and 4th couples starting.

Figure 2

- 1-8 1st woman and 2nd man also 3rd woman and 4th man, giving right hands, half turn and dance right hands across half way. 1st and 3rd women, giving right hands, turn their own corners one and one-half times to place.
- 9-16 2nd and 4th women repeat bars 1-8.
- 17-24 All set to partners, petronella turn (women are now back to back) and set twice. On the second setting, the women turn right about to form a tight circle **WHILE** their partners dance in behind them and place hands on their hips.
- 25-32 Women circle four hands round to left (small steps) with partners behind them and then all couples, giving right hands, turn partners back to places.

Figure 3

- 1-8 All circle eight hands round and back.
- 9-16 Women dance right hands across and, giving left hands, turn partners one and one-half times to bring the men into the middle.
- 17-24 Men dance right hands across and, giving left hands, turn partners into promenade hold facing anticlockwise.
- 25-32 All promenade around the square.

Devised by John Drewry (1982) for the dancers of Nova Scotia. Previously published in *The Brodie Book*. Reprinted with permission from TAC, who hold the copyright for all Drewry dances.

Tune: "Fancy Hornpipe" Angus Fitchett S. D. Collection (Mozart Allan).

Note: *The Micmac Rotary was the bane of motorists in Dartmouth, Nova Scotia. It was a large traffic roundabout with a lake in the middle and it caused chaos during the rush hour. It has now been replaced by a conventional junction.*

The Micmacs (Mi'kmaq) are the original indigenous inhabitants of Nova Scotia.

"The dance was very popular when I taught it in Paris in 1989 and repeat performances were requested several times during the weekeend. The word "micmac" is used in French to mean foul play or complete chaos."

THE MICMAC ROTARY

96 R

<p>Figure 1</p> <p>S</p> <p>$T_{R1/2}$</p> <p>X_L</p> <p>W under M's R arm 1 bar</p> <p>W under M's L arm 1 bar</p>		<p>La Baratte</p> <p>$T_{R1/2}$</p> <p>X_L</p>			
		<p>2 4</p> <p>R</p> <p>Bars 1-16</p>		<p>Figure 2</p> <p>$T_{R1/2}$</p> <p>RA</p> <p>$T_{R1/2}$</p>	
<p>R</p>		<p>ALL</p> <p>S T_◇</p>		<p>S₂</p> <p>M's hands on W's hips</p>	
<p>Figure 3</p> <p>8</p>		<p>ALL</p> <p>RA</p> <p>$T_{L1/2}$</p>		<p>ALL</p> <p>RA</p> <p>ALL</p> <p>T_L</p> <p>ALL</p> <p>PROM</p> <p>Anticlockwise</p>	

John Drewry, 1982, Brodie Book

4C/4C square set.

Monchali

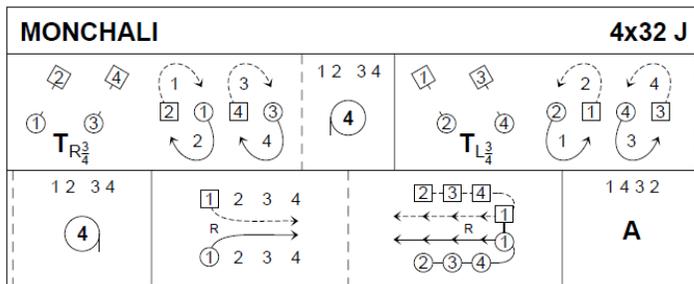
32-bar jig for four couples in a four-couple longwise set

- 1-4 1st man with 2nd woman and 3rd man with 4th woman, giving right hands, turn three quarters; then the men cast up and the women cast down to original places.
- 5-8 1st couple with 2nd couple and 3rd couple with 4th couple circle four hands round to the left.
- 9-12 1st woman with 2nd man and 3rd woman with 4th man, giving left hands, turn three quarters; then the women cast up and the men cast down to original places.
- 13-16 1st couple with 2nd couple and 3rd couple with 4th couple circle four hands round to the right.
- 17-20 1st couple leads down the middle to fourth place, 2nd, 3rd and 4th couples turning to face down on their own sides on bar 20.
- 21-24 1st couple leads up to the top, followed by 4th, 3rd and 2nd couples.
- 25-32 All four couples dance an allemande.
Repeat with a new top couple.

Dance devised by Pat Kent (1983). First published in *The New Brunswick Collection*. Reprinted with permission from Paul Kent.

The title of this dance represents a union of the home dance groups of Susan and Bill Libby for whose wedding it was devised.

Suggested tune: "Scotia" by Duncan Keppie.



Pat Kent, 1983, New Brunswick Collection

4C/4C longwise set.

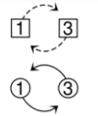
Mr. John Wood of Bedford, Nova Scotia

32-bar strathspey for three couples in a three-couple set

- 1-8 1st, 2nd and 3rd couples dance a promenade.
- 9-16 1st and 2nd couples dance the knot, finishing with 1st couple facing first corners.
- 17-24 1st couple turn first corners with the right hand, partner with the left hand, second corners with the right hand and, giving left hand to partner, cross over, finishing between 2nd and 3rd couples on their own sides, facing out and down.
- 25-30 All couples dance mirror reels of three on their own sides, beginning with 1st woman passing 3rd woman by the right shoulder and 1st man passing 3rd man by the left shoulder.
- 31-32 1st and 3rd couples add another loop to the reel, so that 1st couple ends in third place. Repeat with a new top couple.

Devised by Suzanne Lajoie for John Wood (Christmas 2009),
the Dancing Master of The Thistle Scottish Country Dancers.

Music: "Wind on Loch Fyne" by Bobby Crowe.

MR JOHN WOOD OF BEDFORD, NOVA SCOTIA				3x32 S
1 2 3 PROM	1 2 KNOT			

Suzanne Lajoie, 2009

3C/3C longwise set.

Norma's Garden

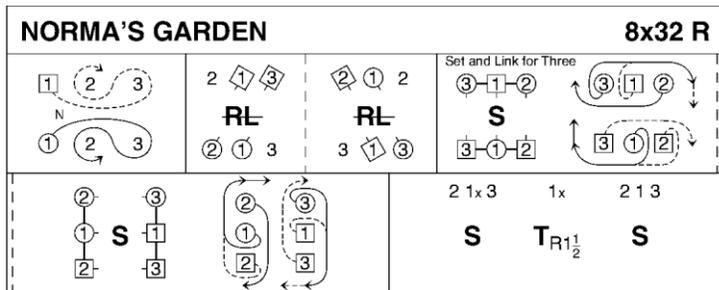
32-bar reel for three couples in a four-couple longwise set

- 1-8 1st couple dance down through two couples, cast up around 3rd couple, dance up through 2nd couple and cast off to second place.
2nd couple step up on bars 7-8.
- 9-12 1st couple with 2nd man and 3rd woman dance half rights and lefts on the diagonal.
- 13-16 1st couple with 2nd woman and 3rd man dance half rights and lefts on the diagonal.
Finish in order 3, 1, 2, with 2nd and 3rd couples on opposite sides.
- 17-24 3rd, 1st and 2nd couples set and link, finishing in lines across. Repeat.
Finish in order 2, 1, 3, with 1st couple on opposite sides.
- 25-26 2nd, 1st and 3rd couples set.
- 27-30 1st couple, giving right hands, turn one and a half times to finish on their own sides in second place.
- 31-32 2nd, 1st and 3rd couples set.
Repeat, having passed a couple.

Devised by Lydia Hedge (July 31st, 2010) – A birthday gift for Norma Bruce.

Recommended music: “Norma’s Garden” on the CD *Spark O’ Water, Music for Scottish Country Dancing* by Keith Smith and Muriel Johnstone

First published in *Spark O’ Water, Dances of Nova Scotia*.



Lydia Hedge, 2010, Spark O' Water

3C/4C longwise set.

Nova Scotia

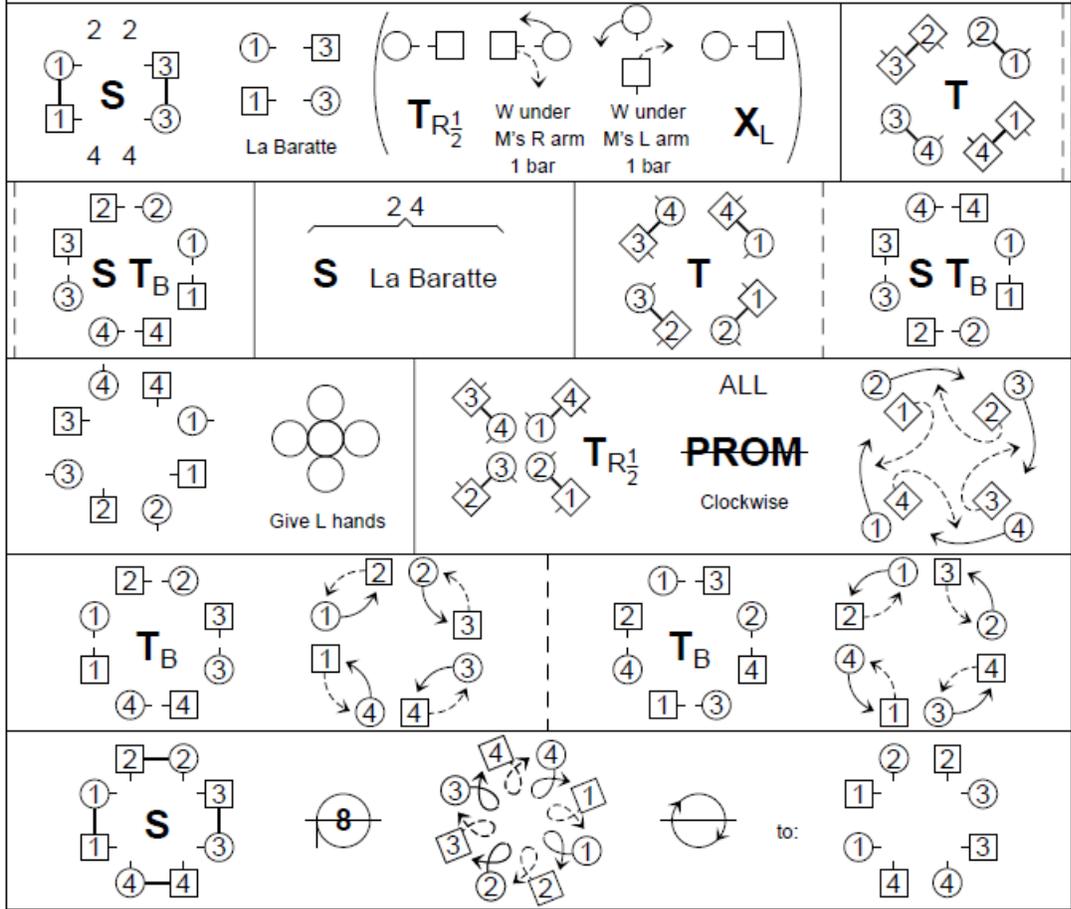
64-bar strathspey for four couples in a square set

- 1-8 1st and 3rd couples (Heads) join nearer hands with partners, set and dance 'la Baratte' with opposites (i.e. 1st man with 3rd woman and 1st woman with 3rd man). They finish on opposite sides facing out.
- 9-12 1st and 2nd men also 3rd and 4th men, giving left hands, turn, **WHILE** 1st and 4th women also 3rd and 2nd women, giving right hands, turn. All finish facing partners.
- 13-16 All set to partners and, giving both hands, turn once round.
- 17-24 2nd and 4th couple (Sides) repeat Bars 1 to 8.
- 25-28 2nd woman and 3rd man also 4th woman and 1st man, giving right hands, turn, **WHILE** 2nd man and 1st woman also 4th man and 3rd woman, giving left hands, turn. All finish facing partners.
- 29-32 All set to partners and, giving both hands, turn once round.
- 33-40 All dance double reels of four across the dance.
The women dance in to give left hands across in a wheel halfway round, **WHILE** each man casts round to his right to follow his partner in the reels.
At the end, the women are back on the sidelines, on the opposite sides from those on which they began the dance, and the men have just danced left hands across halfway round.
- 41-42 Each woman dances round clockwise beyond her partner to meet the next man and, giving right hands, they turn into promenade hold facing clockwise round the dance, (i.e. the men are on the outside).
- 43-48 All promenade clockwise halfway round the set.
At the end, each pair should be on the corner of the set, which is between the man's original position and the woman's.
- 47-48 Each woman, pulling her right shoulder back, 'casts' inward and dances to her original place, passing her partner by the right. **WHILE** the men keep on dancing clockwise to their original places.
- 49-50 All, giving both hands, turn their partners.
- 51-52 All pass corners by the left shoulder.
- 53-54 All, giving both hands, turn the next person.
- 55-56 All pass corners by the left shoulder to return to original places.
- 57-62 Joining nearer hands with partners, all set facing in, then dance eight hands round to the left.
On bar four of this phrase, all drop hands, dance in towards the centre of the set and pull right shoulders back to face out.
- 63-64 All spiral out in a chase to original places.

Dance devised by John Drewry for the dancers of Nova Scotia. Previously published in *The Summer Collection 1986*. Reprinted with permission from TAC, who hold the copyright for all Drewry dances.

NOVA SCOTIA

64 S



John Drewry, 1986, Summer Collection 1986

4C/4C square set.

Olive's Return to Old Scotia

32-bar reel for four couples in a four-couple longwise set

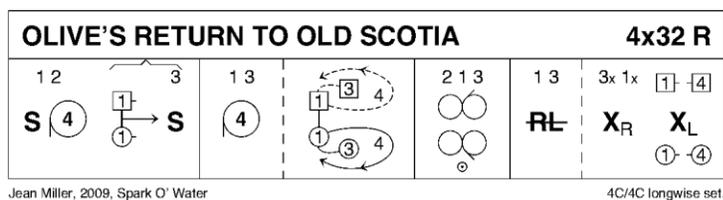
- 1-2 1st and 2nd couples join hands on the side and set.
 3-6 1st and 2nd couples dance four hands round to the left.
 7-8 1st couple dance down one place,
 WHILE 2nd couple step up and 3rd couple set.
 9-12 1st and 3rd couples dance four hands round to the left once round.
 13-16 1st couple, followed by 3rd couple, lead down through 4th couple
 and cast up round them into ...
 17-24 2nd, 1st and 3rd couples dance mirror reels of three on own sides,
 1st couple dancing in and up to begin.
 25-28 1st and 3rd couples dance half rights and lefts.
 29-30 Giving right hands, 3rd and 1st couples cross to change places with their partners.
 31-32 1st and 4th couples, giving left hands, change places on the sides.
 Repeat from new positions.

Devised by Jean Miller (June 2009).

Presented to Olive Jackson on the occasion of her return to the U.K. Recommended music:

“Olive’s Return to Old Scotia” on the CD *Spark O’ Water*,
Music for Scottish Country Dancing by Keith Smith and Muriel Johnstone.

First published in *Spark O’ Water, Dances of Nova Scotia*.



Passing the Porter

32-bar jig for three couples in a four-couple longwise set

- 1-8 1st and 2nd couples set and rotate.
 - 9-12 1st couple, passing right shoulders, cross and cast to the right around first corners to finish between 2nd and 3rd couples facing up and down.
 - 13-16 1st couple, passing left shoulders, change places up and down the set, cast to the left around partner's first corner and finish in second place on own side.
 - 17-20 1st couple, passing left shoulders, dance a half diagonal reel of four with first corners.
 - 21-24 1st couple, passing left shoulders, dance a half diagonal reel of four with second corners, finishing in second place on opposite sides.
- All dancers are now on the opposite side of the set.
- 25-28 3rd, 1st and 2nd couples, giving right hands, turn once round, flowing into...
 - 29-32 3rd, 1st and 2nd couples circle six hands half-way round to the left only.
1st couple finish in second place.

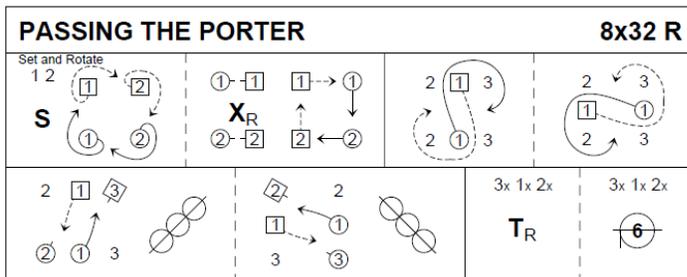
Repeat, having passed a couple.

Note: 1st couple, who have just finished their second time through, cast to the bottom of the set on bars 1 and 2, as the new 1st and 2nd couples start the dance.

Devised by John Wood (August, 1993) for Brenda Porter on the occasion of attaining her Preliminary Teacher's Certificate.

Previously published in *Passing the Porter and Other SCD*, reprinted with permission from Amanda Wood.

Music: "The Lantern of The North" (Tunes: The Quarryman / Juniper Jig / John Finlayson's Jig / Isobel Taylor Bell) on Andrew Rankine's *The London Highland Club Diamond Jubilee*.



John Wood, 1993, *Passing the Porter and Other SCDs*

3C/4C longwise set.

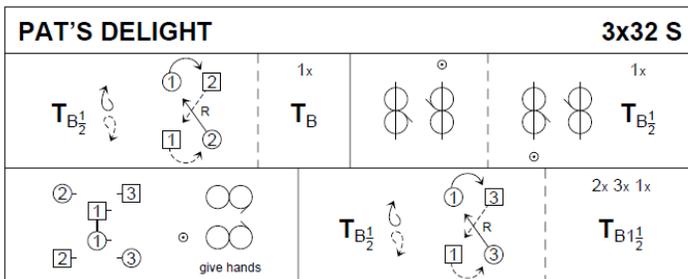
Pat's Delight (or Does Anyone Want My Body?)

32-bar strathspey for three couples in a three-couple longwise set

- 1-2 1st couple, giving both hands, turn halfway and, releasing hands and pulling back right shoulders, face partner's position.
- 3-4 1st couple cast off one place while 2nd couple, giving right hands, cross to top place on the opposite side.
- 5-8 1st couple, giving both hands, turn once round to finish in the centre, 1st woman facing up, 1st man facing down.
- 9-16 1st woman dances a half reel of three with 2nd couple, giving right shoulder to 2nd man (in 2nd woman's place), **WHILE** 1st man dances a half reel of three with 3rd couple, giving right shoulder to 3rd man.
- 1st couple dance another half reel of three, 1st woman with the 3rd couple (at the bottom) and 1st man with the 2nd couple (at the top).
- On the final two bars of the reel, 1st couple turn halfway with both hands to finish on own sides in the centre, facing down.
- Note: This is a full reel of three for the 2nd and 3rd couples.
- 17-24 2nd, 1st and 3rd couples dance mirror reels of three on the sides, 1st couple dancing in and down to begin. Take nearer hands whenever possible. Corners curl into place at the end of the reels.
- 25-28 1st couple repeat bars 1-4 with 3rd couple. All couples are now on opposite sides.
- 29-32 All couples, giving both hands, turn one and half times to finish on own sides.
- Repeat with a new top couple.

Devised by Brenda Porter and Gerry Gray on the occasion of Pat Kent receiving the RSCDS Scroll of Honour.

Music: "Selection of Strathspeys 6x32" on *Any Good Dance, Any Good Tune* by Bobby Brown and the Scottish Accent.



Brenda Porter & Gerry Gray

3C/3C longwise set.

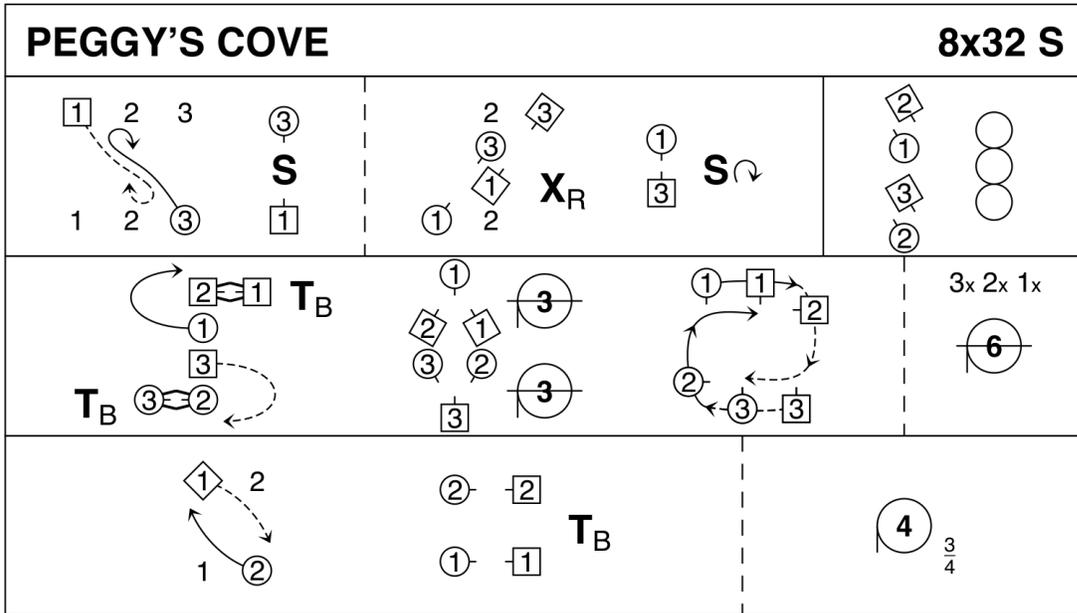
Peggy's Cove

A 32-bar strathspey for three couples in a four-couple longwise set

- 1-4 1st woman and 3rd man dance a petronella turn to finish facing one another, between 2nd couple. 1st woman and 3rd man set to one another.
- 5-6 1st man and 3rd man, also 1st woman and 3rd woman, giving right hands, change places.
- 7-8 1st man and 3rd woman set to one another, pulling back right shoulder to finish back to back, facing opposite sides (between the 2nd couple).
- 9-16 1st man, 3rd woman and 2nd couple dance a reel of four across the dance, finishing with the men facing up and the women facing down.
- 17-18 1st man dances out through top place on the women's side and down while 3rd woman dances out through 3rd place on the men's side and up
MEANWHILE 2nd and 1st women also 3rd and 2nd men, giving both hands, turn, opening up to face out their own side of the dance, back to back with the other two.
Finish with 1st woman to the right of 2nd woman, and 3rd man to the right of 2nd man.
- 19-20 2nd man and 3rd couple dance three hands round to the left on the men's side. At the end, 2nd man breaks the circle with his left hand and leads the string of dancers towards the women's side in top place.
2nd woman and 1st couple, similarly, dance three hands round, with 2nd woman leading the string towards the men's side in third place.
- 21-24 All three couples circle six hands round to the left to finish in original places.
- 25-28 1st woman and 2nd man, passing right shoulders, change places.
1st and 2nd couples, giving both hands, turn partners once round on the sidelines opening up into...
- 29-32 1st and 2nd couples dance four hands round to the left $\frac{3}{4}$ round to finish on own sides having changed places.
Repeat, having passed a couple.

Devised by John Drewry for the dancers of Halifax, Nova Scotia. Previously published in *The Autumn Collection 1984*. Reprinted with permission from TAC, who hold the copyright for all Drewry dances.

Tune: "Miss Maule"— See *Fiddle Music of Scotland* — J. Hunter.



John Drewry, 1984, Autumn Collection 1984

3C/4C longwise set.

The Piper's Glen

32-bar strathspey for three couples in a four-couple longwise set

- 1-4 1st couple, giving both hands, turn one and one-half times, to finish on opposite sides, facing out and down.
- 5-6 1st woman, giving left hand to 2nd man and 1st man, giving right hand to 2nd woman, change places, 2nd couple dancing a long loop into place.
- 7-8 1st woman, giving right hand to 3rd man, and 1st man, giving left hand to 3rd woman, change places, 1st couple dancing a long loop into place.
- 9-12 1st couple, giving both hands, turn one and one-half times, to finish on own side, facing out and up.
- 13-14 1st woman, giving left hand to 3rd woman, and 1st man, giving right hand to 3rd man, change places. 3rd couple dancing long loop into place.
- 15-16 1st woman, giving right hand to 2nd woman, and 1st man, giving left hand to 2nd man, change places. 1st couple dancing a long loop into place.
- 17-18 1st and 2nd couples, with nearer hands joined, set.
- 19-20 1st and 2nd couples, giving both hands, turn partners to finish in the centre, ready for a half poussette.
- 21-24 1st and 2nd couples dance a half poussette.
- 25-28 1st and 3rd couples dance right hands across, releasing hands across but retaining partners right hand, ...
- 29-32 1st and 3rd couples turn their partners.
- Repeat, having passed a couple.

Devised by Pat Kent.

Piper's Glen is a small valley in the centre of the Margarees in Cape Breton. The dirt road from the highway is sometimes hazardous, but a beautiful scene of towering mountains meets the eye at every curve of the road, as it winds through the highlands. Suddenly the vista changes to green fields, cows grazing and a meandering river. Far off, the distant sound of a lone piper in the hills. Imagination, maybe the wind, could be, but who knows.

Originally published in *Dancing Through Nova Scotia, Book 1*. Reprinted with permission from Paul Kent.

THE PIPER'S GLEN				8x32 S			
T _B ^{1 1/2}	①-② T _R ^{1/2}	①-③ T _L ^{1/2}	1 ^x T _B ^{1 1/2}	③-① T _L ^{1/2}	②-① T _R ^{1/2}	1 3	T _R
	①-② T _L ^{1/2}	①-③ T _R ^{1/2}		③-① T _R ^{1/2}	②-① T _L ^{1/2}		
1 2		1 2		1 3		1 3	
S T _B		P		RA		T _R	

Pat Kent, *Dancing Through Nova Scotia 1*

3C/4C longwise set.

The Porter is Passed

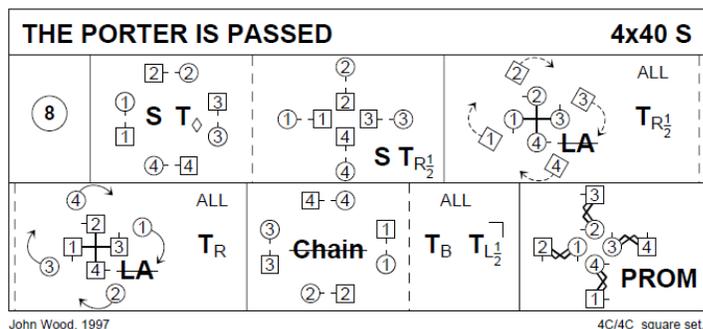
40-bar strathspey for four couples in a square set *

- 1-8 All four couples circle eight hands round and back.
- 9-14 All couples face partner and set, petronella turn to their right and set again.
- 15-16 All couples, giving right hands, turn partners halfway, ready for ...
- 17-18 Men dance left hands across to the opposite sides of the square,
WHILE the women continue dancing and make a loop as in a men's chain figure.
- 19-20 Giving right hands, men turn the woman they meet in the opposite place half way.
- 21-22 Women dance left hands across to the opposite sides of the square,
WHILE the men continue dancing and make a loop as in a ladies' chain figure.
- 23-24 All couples, giving right hands, turn partners to finish facing each other,
men with left shoulders to centre of square.
- 25-28 All four couples dance a grand chain around the square to original places.
- 29-30 All couples, giving both hands, turn partners once round.
- 31-32 All couples, giving left hands, turn their corners into promenade hold
finish facing counter-clockwise round the square.
- 33-40 With new partners, all couples promenade once round the square
to the man's original position. (1M2W/2M3W/3M4W/4M1W)
Repeat with new partners.

*NOTE: Form up set as a square; then on the chord, take hands as in a circle to bow and curtsey across the set.

Devised by John Wood (April 30th, 1997) and presented to Brenda Porter on the special occasion of her passing the Teacher's Certificate examination.
Printed with permission from Amanda Wood.

Music: "New Scotland Strathspey" by Andrew Rankine.



Prince Edward Assembly

88-bar reel for four couples in a square set

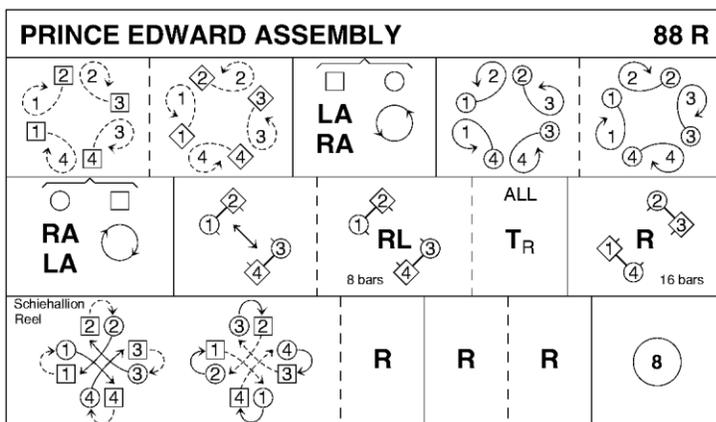
- 1-8 All four women dance figure of eight (right shoulder to corner to begin) in front of and around corner, in front of and around partner.
- 9-16 All four women dance left hands across, right hands across in the centre, **WHILE** all four men dance anticlockwise once round the outside of the set. All finish in original places.
- 17-24 All four men dance figure of eight (left shoulder to corner to begin) in front of and around corner, in front of and around partner.
- 25-32 All four men dance right hands across, left hands across in the centre, **WHILE** all four women dance clockwise once round the outside of the set. All finish in original places.
- 33-48 Head men (1st and 3rd men) and corners, with nearer hands joined, advance for two steps, retire for two steps (4 bars). Dance rights and lefts (8 bars).
ALL turn partner by the right (4 bars).
- 49-64 Side men (2nd and 4th men) and corners, with nearer hands joined, advance for two steps, retire for two steps (4 bars). Dance rights and lefts (8 bars).
ALL turn partner by the right (4 bars). Women finish facing out of the set.
- 65-80 All four couples dance a Schiehallion reel.
- 81-88 All four couples dance eight hands round and back.

Note: There are no polite turns in the rights and lefts figures.

Devised by Brenda Porter (July 16, 2014) for Beaconsfield Assembly and their 2014 dancing summer.

Recommended music: "Prince Edward Assembly" on the CD *Spark O' Water, Music for Scottish Country Dancing* by Keith Smith and Muriel Johnstone

First published in *Spark O' Water, Dances of Nova Scotia*.



Brenda Porter, 2014, Spark O' Water

4C/4C square set.

Proud and Saucy

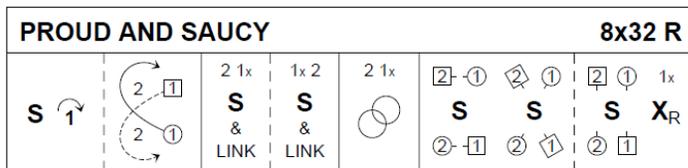
32-bar reel for two couples in a three- or four-couple longwise set

- 1-8 1st couple set, cast off one place (2nd couple step up),
 and dance a half figure of eight up through 2nd couple.
- 9-16 2nd and 1st couples, with nearer hands joined on the sides, set and link twice.
 Women finish facing out.
- 17-24 2nd and 1st couples dance a men's chain.
- 25-32 2nd and 1st couples set facing up and down (no hands),
 then set facing diagonally inwards, then set to partner,
 then 1st couple, giving right hands, cross over, ending in 2nd place on own sides.

Repeat, having passed a couple.

Title is from the song "Woo'd an' married and a'", Anonymous
"For ye're baith proud and saucy".

Devised by Duncan and Maggie Keppie. Originally published in *Tenth Anniversary Book*.
 Reprinted with permission from Duncan and Maggie Keppie.



Duncan and Maggie Keppie, Tenth Anniversary Book

2C/3C or 4C longwise set.

The Rossington Strathspey

32-bar strathspey for three couples in a triangular set

- 1-8 All three couples set (2 bars), dance right hands across (women in the centre, men on the outside as in the Eightsome Reel) two-thirds round (4 bars) and set again (2 bars).

(This movement will be facilitated if, while setting on bars 1 and 2, shorter steps are taken to the right to allow the women to move into the centre to join right hands at the end of bar 2. Also, during bar 6, each couple should curve out to place, facing inwards ready to set on bars 7 and 8.)

By now, each couple should have progressed one place round anticlockwise.

- 9-16 All three couples, giving both hands, turn partners once round (2 bars), opening out to dance 6 hands round two-thirds to the left (4 bars), then, again giving both hands, turn partners once round to face inwards.

By now, each couple should have progressed a second place round anticlockwise or two-thirds round the set.

- 17-24 All three men dance a figure of eight round their partner and round the woman to her right, passing in front of their partner to begin.

- 25-32 In promenade hold, all three couples dance a reel of three, the couple in first position giving right shoulder to the couple on their right to begin.

Repeat from new positions.

For this dance, the first couple face the band or the audience

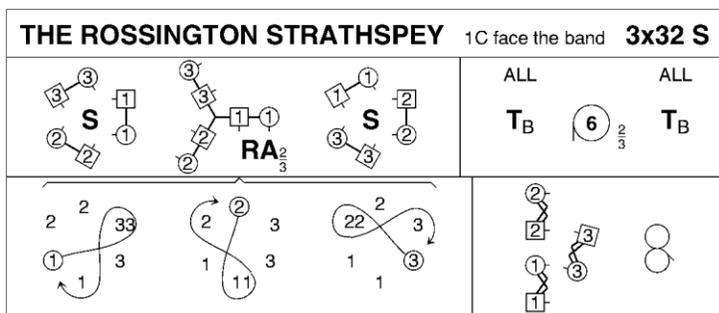
Devised by Bill Libby, Moncton, NB (October 1990).

This dance was devised for, and is dedicated to, Mrs. Ethel Mary Moss, mother of John Moss who was an honorary member of the Moncton Scottish Country Dance Group. It was presented and first danced at the celebration of her ninety-seventh birthday at The Auld Farm, Cap Pélé, New Brunswick, Canada on October 13th, 1990.

Recommended music: "The Rossington Strathspey" on the CD *Spark O' Water, Music for Scottish Country Dancing* by Keith Smith and Muriel Johnstone

Previously published in *Island Games*. Reprinted with permission from PEI Scottish Country Dancers.

Also published in *Spark O' Water, Dances of Nova Scotia*.



Bill Libby, 1990, *Island Games* & *Spark O' Water*

3C/3C triangular set.

The Rug Beater

32-bar reel for three couples in a four-couple longwise set

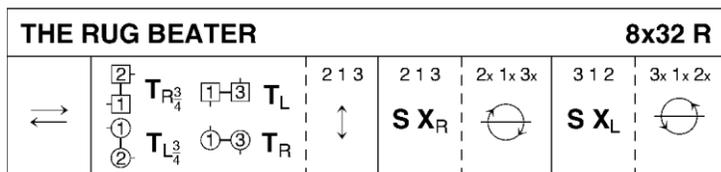
- 1-8 1st couple dance down the middle for 4 and up for 4, ending at the top in the middle of the set, facing up. (2nd couple step up on bars 3-4 and face down)
- 9-10 1st man turns 2nd man by the left hand
WHILE 1st woman turns 2nd woman by the right hand
- 11-12 1st man turns 3rd man by the right hand,
WHILE 1st woman turns 3rd woman by the left hand to finish in second place on own sides.
- 13-16 2nd, 1st and 3rd couples advance for 2 and retire for 2.
- 17-24 All three couples set and cross, giving right hands.
All three couples chase halfway round clockwise. Finish in order 3, 1, 2.
- 25-32 All three couples set and cross, giving left hands.
All three couples chase halfway round anticlockwise. Finish in order 2, 1, 3.
- Repeat, having passed a couple.

Devised by Sue Kashanski of Lunenburg, Nova Scotia (April 2007)

The link between the name and the actual dance is the pattern that is described on the floor when the first 12 bars are danced. It is the shape of an old-fashioned wood-and-reed rug beater, with its long handle and lobed head. The rest is the swaying of the rug on the line, the beating of the rug, and the ensuing swirling dust.

Recommended music: "The Rug Beater" on the CD *Spark O' Water*,
Music for Scottish Country Dancing by Keith Smith and Muriel Johnstone.

Previously published in *Eight by 32*. Reprinted with permission from Sue Kashanski.
Also published in *Spark O' Water*, *Dances of Nova Scotia*.



Sue Kashanski, 2007, Spark O' Water

3C/4C longwise set.

Sailing Days on the Penobscot

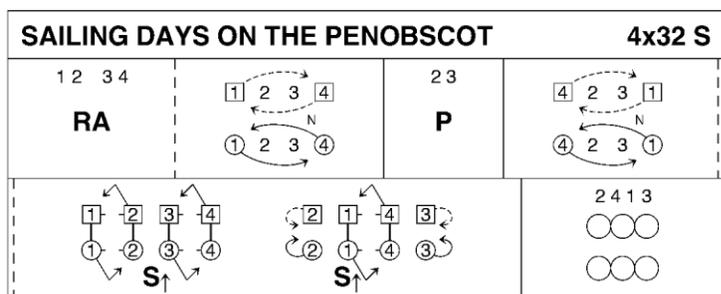
32-bar strathspey for four couples in a four-couple longwise set

- 1-4 1st with 2nd couple and 3rd with 4th couple,
dance right hands across once round to the left.
- 5-8 1st couple cast off on own sides to fourth place,
WHILE 4th couple, with nearer hands joined, dance up the middle to first place.
- 9-16 2nd and 3rd couples dance a poussette.
- 17-20 4th couple cast off on own sides to fourth place,
WHILE 1st couple, with nearer hands joined, dance up the middle to first place.
- 21-22 1st and 2nd couples, taking nearer hands to face up and down the set,
set advancing and pass each other,
WHILE 3rd and 4th couples do the same.
- 23-24 1st and 4th couples set advancing and pass each other,
WHILE 2nd couple turn towards each other to finish in first place
and 3rd couple turn towards each other to finish in fourth place.
On bar 24, 1st couple is facing 3rd couple and 4th couple is facing 2nd couple.
- 25-32 Reels of four on the sides.
Repeat from new positions.

Devised by Ed Porter

Recommended music: "Sailing Days on the Penobscot" on the CD *Spark O' Water, Music for Scottish Country Dancing* by Keith Smith and Muriel Johnstone

First published in *Spark O' Water, Dances of Nova Scotia*.



Ed Porter, Spark O' Water

4C/4C longwise set.

SandBJ

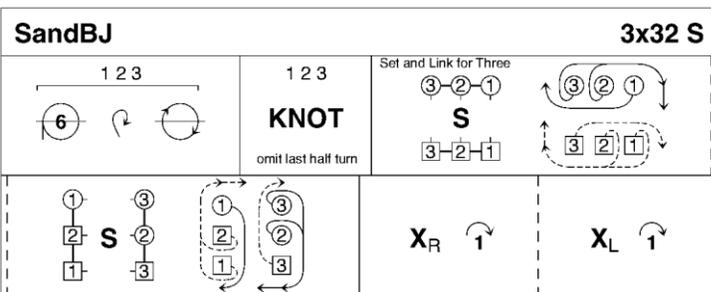
32-bar strathspey for three couples in a three-couple longwise set

- 1-8 1st, 2nd and 3rd couples dance six hands round halfway, drawing in on bar 4, pull back right shoulder, spiral out and chase clockwise to original places.
- 9-16 1st, 2nd and 3rd couples dance the knot. Instead of a full left-hand turn, the men release the women to finish on opposite sides, in order 3, 2, 1. (*Men do not go far*)
- 17-24 3rd, 2nd and 1st couples set and link for three. Repeat. Finish in order 1, 2, 3.
- 25-32 1st couple, giving right hands, cross, cast off one place as 2nd couple step up. 1st couple, giving left hands, cross, cast off one more place as 3rd couple step up. Repeat from new positions.

Devised by Lydia Hedge (2014) – As we bid Farewell to Sheila and Barrie Jackson

Recommended music: “SandBJ” on the CD *Spark O’ Water, Music for Scottish Country Dancing* by Keith Smith and Muriel Johnstone

First published in *Spark O’ Water, Dances of Nova Scotia*.



Lydia Hedge, 2014, Spark O’ Water

3C/3C longwise set.

Sharon's Strathspey

32-bar strathspey for two couples in a three or four-couple longwise set

- 1-4 1st couple, giving right hands, cross and cast off one place. 2nd couple step up.
- 5-8 2nd and 1st couples dance right hands across.
- 9-16 2nd and 1st couples dance four hands round and back.
- 17-24 2nd and 1st couples dance a petronella turn in tandem and set. Repeat.
- 25-28 1st and 2nd couples dance half rights and lefts.
- 29-32 1st couple dance half a figure of eight round 2nd couple.
Repeat, having passed a couple.

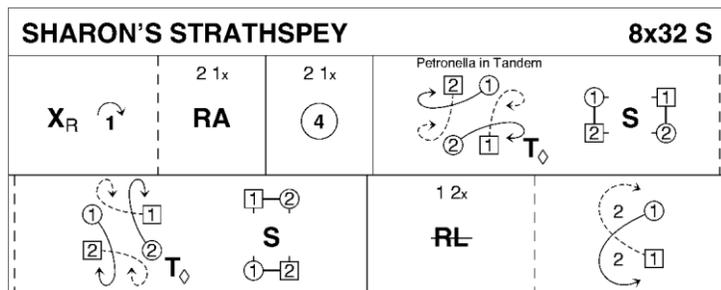
Devised by John Drewry (2004) – For Sharon Brannon

Recommended music: “Spark O’ Water/Sharon’s Strathspey” on the CD *Spark O’ Water, Music for Scottish Country Dancing* by Keith Smith and Muriel Johnstone.

Previously published in *New Dances by John Drewry 2005*.

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Also published in *Spark O’ Water, Dances of Nova Scotia*.



John Drewry, 2004, *New Dances by John Drewry 2005* & *Spark O' Water*

2C/3C or 4C longwise set.

Spark O' Water

32-bar strathspey for two couples in a three- or four-couple longwise set

- 1-4 1st and 2nd couples dance four hands round to the left.
- 5-8 1st and 2nd couples, giving both hands, turn partner one and one quarter around to end in a line along the centre of the dance, men facing down, women facing up
- 9-16 1st and 2nd couples dance a reel of four.
- 17-20 1st and 2nd couples dance a petronella turn to own sides and set.
- 21-24 Giving right hands, 1st and 2nd couples turn partner, ending in allemande hold.
- 25-32 1st and 2nd couples dance an allemande to change places.
Repeat, having passed a couple.

Devised by Duncan and Maggie Keppie

*Maggie's inspiration for the title of the dance comes from Song for the Mira:
"The stars on the river they sparkle and spin".*

Recommended music: "Spark O' Water" on the CD *Spark O' Water, Music for Scottish Country Dancing* by Keith Smith and Muriel Johnstone

Previously published in *Haliburton School of the Arts SCD Book #3*. Reprinted with permission from Maggie and Duncan Keppie.
Also published in *Spark O' Water, Dances of Nova Scotia*.

THE SPARK O' WATER				8x32 S	
1 2 ④	1 2 T _{B1¹/₄}	①-①②-② ○○○	①-①②-② T _◇ S	1 2 T _R	1 2 A

Duncan and Maggie Keppie, Corners (Haliburton Book 3) & Spark O' Water

2C/3C or 4C longwise set.

Spice It Up

32-bar jig for three couples in a three-couple longwise set

- 1-8 1st couple lead down middle and up.
 Stay in centre as 2nd and 3rd couples step in for...
- 9-16 1st, 2nd and 3rd couples dance an Allemande. (Finish 3, 2, 1)
- 17-20 3rd and 2nd couples (two top couples) set and link. (Finish 2, 3, 1)
- 21-24 3rd and 1st couples (two bottom couples) set and link. (Finish 2, 1, 3)
- 25-28 All three couples set and cross, giving right hands.
- 29-32 All three couples chase clockwise to own side. (Finish 3, 1, 2)
 Repeat from new positions.

Note: This dance also works well as a three couple dance in a four-couple set.
 The progression is unusual: 3, 1, 2, 4.

Devised by Merrill Heubach

Recommended music: "Spice It Up" on the CD *Spark O' Water*,
Music for Scottish Country Dancing by Keith Smith and Muriel Johnstone.

Previously published in *Eight by 32*. Reprinted with permission from Merrill Heubach
 Also published in *Spark O' Water, Dances of Nova Scotia*.

SPICE IT UP				3x32 J	
	1 2 3 A	3 2 S & LINK	3 1 S & LINK	2 1 3 S X_R	2x 1x 3x

Merrill Heubach, *Spark O' Water*

3C/3C longwise set.

The Tallahassee Reel

48-bar reel for four couples in a four-couple longwise set

- 1-8 1st couple dance in and down, out between the 2nd and 3rd couples, in between 3rd and 4th couples, around 4th couple and back in between 3rd and 4th couples, out between 2nd and 3rd couples and behind 2nd couple back to place. (See Fig. 1)
 - 9-16 1st and 2nd couples, also 3rd and 4th couples dance full reels of four across the dance with 1st and 3rd women casting down and 2nd and 4th men casting up into the reels.
 - 17-24 1st couple, in promenade hold, dance a reel of three across the dance with 2nd couple, starting by passing 2nd man right shoulder, and ending in second place in the centre. 3rd couple step in.
 - 25-32 1st and 3rd couples dance a poussette.
 - 33-40 1st couple, in promenade hold, dance a reel of three across the dance with 4th couple, starting by passing 4th man right shoulder, and ending in fourth place on the sides.
 - 41-48 2nd, 3rd, 4th and 1st couples dance eight hands round and back.
- Repeat from new positions.

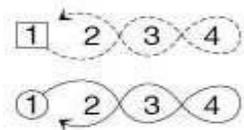


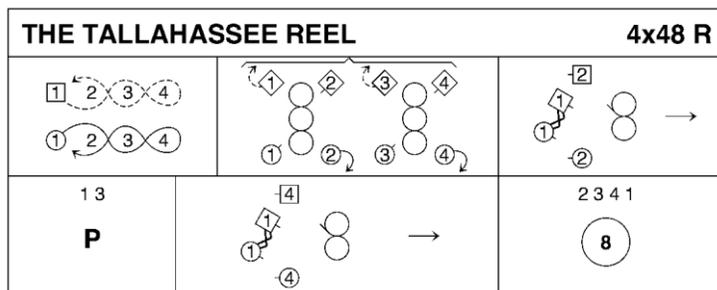
Fig 1

Devised by Suzanne Lajoie

*The Tallahassee was a Confederate ship which came into Halifax harbour for repairs during the Civil War and snuck out through Eastern Passage with the help of an Eastern Passage pilot, Jock Fleming, thus evading the Union ships waiting at the mouth of the harbour.
We dance it during Tallahassee Days every year.*

Recommended music: "The Tallahassee Reel" on the CD *Spark O' Water, Music for Scottish Country Dancing* by Keith Smith and Muriel Johnstone

First published in *Spark O' Water, Dances of Nova Scotia*.



Suzanne Lajoie, Spark O' Water

4C/4C longwise set.

Thistle Dancers' Waltz

136-bar waltz for four trios in a square set

A Square Set is formed of four trios: two of Woman/Man/Woman facing each other, and two of Man/Woman/Man facing each other. All left-hand persons are designated as [B] Persons, and the right-hand persons as [A] Persons. The waltz step is used throughout.

“The Wedding Gift” music has an 8 bar introduction. All dancers remain still for the first 4 bars. For the next 4 bars all dancers balance right and left twice.

“Figures of Eight”

- 1-8 The Middle Persons dance a full figure of eight round both their right-hand Person [A] and the next trio's left hand Person [B], passing in front of [A].
- 9-16 With their left-hand Person [B] the Middle Persons dance right hands across in the middle of the set once round.
Make sure Person [B] is back in place before turning by pulling back right shoulder to dance left hands across, which follows.
- 17-24 With their right-hand Person [A] the Middle Persons dance left hands across in the middle of the set.
- 25-32 All Middle Persons turn Person on their right [A] with both hands and then the Person on their left [B] with both hands. (Two 4-step turns with arms open wide.)

“Meet and Trade”

- 33-40 1st and 3rd trios advance and retire (four steps), advance with [A] and [B] Persons changing places with [A] and [B] Persons opposite (passing right shoulders, on step 5), the Middle Persons retiring with new partners.
- 41-48 2nd and 4th trios advance and retire (four steps), advance with [A] and [B] Persons changing places with [A] and [B] Persons opposite (passing right shoulders, on step 5), the Middle Persons retiring with new partners.
- 49-64 Bars 33 to 48 repeated and all [A] and [B] Persons finish in their original places.

"Circle Passing"

- 65-72 All trios take hands in a circle and dance forward one step and retire one step. Then each Middle Person passes the left-hand Person in front to the right side while the right-hand Person does the same turn but without any assistance from another Person.
Repeat again and finish with 1st Middle Person with [2A/2B] Persons, 2nd Middle Person with [3A/3B] Persons, 3rd Middle Person with [4A/4B] Persons, and 4th Middle Person with [1A/1B] Persons.
- 73-80 Repeat bars 65 to 72 until all the [A] and [B] Persons are on opposite sides facing across from their original partner.

"Corners Turning"

- 81-88 Middle Persons only advance for two steps, retire for two steps, advance for two steps and dance right hands across the set half way to finish with their original partners. **MEANWHILE**, the corner Persons face each other on the corners and, giving both hands, turn twice round before melding with Middle Persons.
- 89-96 As the Middle Persons come out of the hands across, they are between their own partners coming out of the two-handed turns and form a full circle and dance to the left to original places.

"Trios Star Right Hands Across"

- 97-112 Advance as trios towards the centre so that the [A] Persons can dance right hands across in the middle of the square as each trio forms a wheel "spoke."
- Note:** The [B] Persons dance first step backwards and [A] Persons take hold of wrists as is done in square dancing so as to maintain support.
- Dance round for sixteen steps, one quarter round the set for each four steps.
- 113-116 All Middle Persons pull left shoulders back to face outside [B] Persons who turn to face them. The inside Persons [1A and 3A] pull back right shoulders to face Persons [4A and 2A] behind them.
- Persons [1A] with [4A] and [2A] with [3A] turn with left hands in centre spot, **MEANWHILE**, all Middle Persons with their [B] partners turn left hands. On the last step, all drop hands, finishing back in places as at the beginning of the turn.
- 117-120 All dancers turn with right hands.
On the last step, all men turn current partner into allemande hold.

"Allemande Promenade"

- 121-128 With allemande hold, promenade in ballroom direction as far round the set as music will allow, the two [A] Persons couples slotting in front of 2nd couple and 4th couple at the start of the promenade.
- At the end of 10 steps as the music slows down, the men bring their partners round to face them, women with back to the middle of the square.
With right hands still joined, a longish bow and curtsy follow.

Devised by John Wood

John was Dance Master for the demonstration team, the Thistle Scottish Country Dancers, and he devised this dance for the group. It is done to the music "The Wedding Gift" by Rawlins Cross, which can be downloaded from the internet. There is a video of the group performing the dance on youtube.com.

Previously published in *Dance On The Sands*. Reprinted with permission from Amanda Wood.
Also published in *Spark O' Water, Dances of Nova Scotia*

THISTLE DANCERS' WALTZ

136 W

<p>Introduction</p>	<p>ALL B₂</p>	<p>Figures of Eight</p>	<p>RA</p>	
<p>LA</p>	<p>T_B</p>	<p>T_B</p>		
<p>Meet and Trade</p>		<p>2 4 R</p>	<p>1 3 R</p>	<p>2 4 R</p>
<p>Circle Passing</p>		<p>R</p>	<p>R R</p>	
<p>Corners Turning</p> <p>RA</p>	<p>T_{B2}</p>	<p>12</p>		
<p>Trios Star Right Hands Across</p>	<p>RA 14 bars</p>			
<p>ALL T_L</p>	<p>ALL T_R</p>	<p>Allemande Promenade</p> <p>PROM</p> <p>Finish with ladies back to back in centre</p>		

Three Fathom Harbour

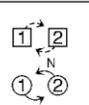
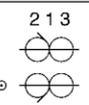
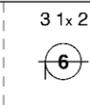
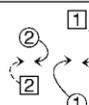
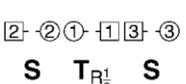
32-bar strathspey for three couples in a four-couple longwise set

- 1-4 1st and 2nd couples set.
1st couple cast off one place,
WHILE 2nd couple dance up to the top to face out.
- 5-8 2nd, 1st and 3rd couples dance half reels of three on the sides,
giving hands where appropriate.
1st couple finish facing first corner positions (actually their 2nd corners).
- 9-12 1st couple set to corners, finishing on opposite sides.
- 13-16 3rd, 1st and 2nd couples dance six hands round halfway
and finish in a line up and down the middle of the set with 2nd couple at the top,
1st couple in the middle and 3rd couple at the bottom,
2nd and 3rd men facing up and 1st man facing down, all couples facing partners.
- 17-20 1st couple, giving right hands, turn each other halfway,
WHILE 2nd and 3rd couples set to each other,
then all dance a petronella turn out to the opposite sides.
- 21-24 All three couples, giving both hands, turn partners one and a half times to own sides.
- 25-32 2nd and 1st couples dance a poussette.
Repeat, having passed a couple.

Devised by Muriel Johnstone (the “other” woman) (June 1992) - A strathspey for Lydia Hedge

Recommended music: “Three Fathom Harbour” on the CD *Spark O’ Water*,
Music for Scottish Country Dancing by Keith Smith and Muriel Johnstone.

First published in *Spark O’ Water*, *Dances of Nova Scotia*.

THREE FATHOM HARBOUR			8x32 S	
1 2 S 	2 1 3 give hands 	S S 	3 1 x 2 6 	
	2 1 3 T \diamond	2x 1x 3x T $B_{1\frac{1}{2}}$	2 1 P	

Muriel Johnstone, 1992, *Spark O’ Water*

3C/4C longwise set.

A Trip to Lunenburg

32-bar reel for three couples in a four-couple longwise set

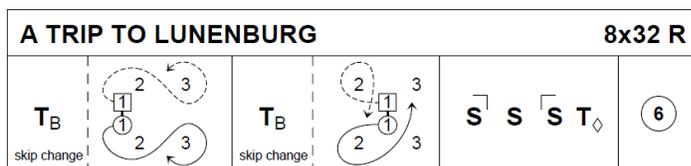
- 1-4 1st couple, giving both hands and using skip change of step, turn, opening out to face the top on the last step, but staying in the centre.
- 5-8 1st couple cast off one place, dance down between 3rd couple, then cast up into second place. 2nd couple step up on bars 7-8.
- 9-12 1st couple, giving both hands and using skip change of step, turn, opening out on the last step to face the top, in the centre of set.
- 13-16 1st couple lead up to the top of the set, cast off around 2nd couple and cross to face their first corners.
- 17-24 1st couple dance "Hello and Goodbye" setting to their corners and partner. Finish in second place.
- 25-32 2nd, 1st and 3rd couples dance six hands round and back.
Repeat, having passed a couple.

Devised by Pat Kent.

The trip to Lunenburg on the "lower road" or Highway #3 as it is known, is beautiful, but winding. You can see some of the best coastline if you can take your eyes off of the road long enough. A beautiful trip for any passengers.

Previously published in *Dancing Through Nova Scotia, Book 1*. Reprinted with permission from Paul Kent.

Recommended music: "Goodbye Mrs Durkin".



Pat Kent, Dancing Through Nova Scotia 1

3C/4C longwise set.

A Turn for the Better

32-bar strathspey for three couples in a three-couple longwise set

- 1-4 All set. All couples, giving both hands, turn partner halfway.
- 5-8 Repeat bars 1-4.
- 9-16 1st woman casts down two places then dances up the middle to original position,
WHILE 1st man dances down the middle, casts around 3rd man
 and dances up to original position.
 1st couple finish facing down, with 2nd and 3rd couples facing up.
- 17-24 1st, 2nd and 3rd couples dance right shoulder reels of three on their own sides.
- 25-26 All set.
- 27-28 1st and 2nd couples circle four hands round halfway
WHILE 3rd couple, giving both hands, turn halfway.
- 29-30 All set.
- 31-32 1st and 3rd couples circle four hands round halfway
WHILE 2nd couple, giving both hands, turn halfway.
 Repeat with a new top couple.

Devised by Ron Richards.

A TURN FOR THE BETTER				3x32 S	
1 2 3	1x 2x 3x			1 2 3 1 2 3	2x 1x 3x 2x 1x 3x
S T _{B₂} ¹	S T _{B₂} ¹			S 4 T _{B₂} ¹	S T _{B₂} ¹ 4

Ron Richards

3C/3C longwise set.

V and J's Maggot *

32-bar jig for three couples in a three-couple longwise set

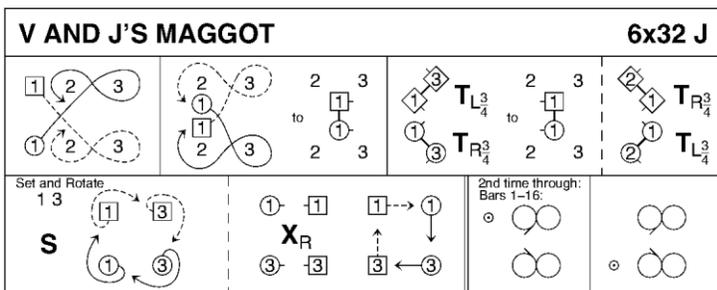
- 1-8 1st couple dance a figure of eight round their corners, cutting below 2nd couple on opposite sides to start (as if doing cross-over reels), 2nd couple stepping up IMMEDIATELY on bars 1 and 2. 1st couple finish facing down between 2nd couple.
 - 9-16 1st couple dance another figure of eight on own sides, finishing in the middle of the set in second place facing down, nearer hands joined.
 - 17-20 1st couple dance wide turn with 3rd couple, women left hands and men right hands, finishing facing up in middle of set in second place, nearer hands joined.
 - 21-24 1st couple dance wide turn with 2nd couple, women with right hands and men with left hands, finishing in second place.
 - 25-32 1st and 3rd couples set and rotate.
- Repeat bars 1 to 32 twice more as above.
- When each couple reaches the top for the second time, dance cross-over reels for bars 1 to 16.
- Bars 17 to 32 are repeated each time as danced the first time through.

Devised by John Wood (July, 1988) – For Jim and Vaurneen Powell, as a farewell dance from the RSCDS Nova Scotia Branch.

* **MAGGOT**: *A favourite tune or dance that "gnaws" at your mind!*

Recommended music: "V and J's Maggot" on the CD *Spark O' Water, Music for Scottish Country Dancing* by Keith Smith and Muriel Johnstone.

Previously published in *Dance On The Sands* and *Passing The Porter and Other SCD*.
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 Also published in *Spark O' Water, Dances of Nova Scotia*.



John Wood, 1988, *Passing the Porter and Other SCD & Spark O' Water*

3C/3C longwise set.

Wedding Medley

Medley-16-bar strathspey/16-bar reel for four couples in a four-couple longwise set

Strathspey

- 1-8 1st couple dance a figure of eight around standing 2nd and 3rd couples, dancing in to begin, taking hands when appropriate, and finishing in second place in the middle of the set. 2nd, 3rd and 4th couples step up on bars 7-8.
- 9-16 2nd, 3rd and 4th couples dance 6 hands round and back, **WHILE** 1st couple turn each other by the right hand then by the left, finishing with nearer hands joined, facing down.

Reel

- 17-24 1st couple, followed by 2nd, 3rd and 4th couples, dance down the middle for four bars. 1st couple lead up to the top for four bars, followed by the 2nd, 3rd and 4th couples, who divide to allow 1st couple through.
- 25-28 2nd, 3rd and 4th couples make an arch and 1st couple dance under the arch to the bottom of the set.
- 29-32 Giving right hands, 1st couple turn once round.
Repeat from new positions.

Story of dance

First figure: Joyce and Lawrence meeting now and then at various times.

Second figure: Both attending workshops with everyone together and being acknowledged as a couple.

Third figure: Back and forth from Winnipeg to Dryden (only showing this once, but we all know it was many times - not enough bars!)

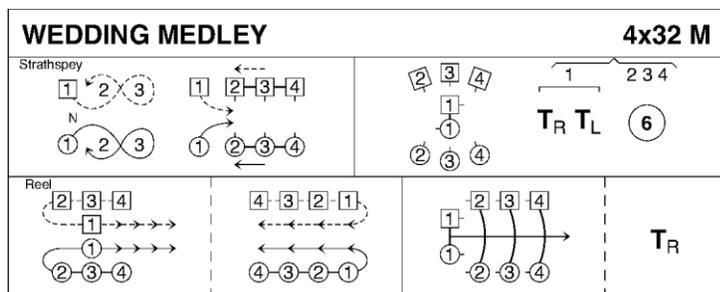
Fourth figure: The arch signifies their new house and also their wedding.

Fifth figure: Together forever as one.

Devised by Jean Miller – On the occasion of Joyce and Lawrence’s wedding (August 3, 1997).

Recommended music: “Wedding Medley” on the CD *Spark O’ Water, Music for Scottish Country Dancing* by Keith Smith and Muriel Johnstone

First published in *Spark O’ Water, Dances of Nova Scotia*.



Jean Miller, 1997, Spark O' Water

4C/4C longwise set.

The Wedding Ring

32-bar reel for two couples in a three- or four-couple longwise set

- 1-4 1st couple dance a half figure of eight around 2nd couple, starting by crossing down between 2nd couple and ending in partner's place.
- 5-8 1st and 2nd couples, with nearer hand joined on the sides, set and dance into a line of 4 across the dance:
Men cast to ends of line
AS women dance into the centre and pull right shoulder back to end back-to-back facing opposite man.
- 9-16 1st and 2nd couples dance a reel of four across the dance.
On the last two bars, the women dance straight across the set
AS men dance a little farther to their right so that both couples are now progressed and 1st couple is still on the opposite side.
- 17-24 2nd and 1st couples circle four hands round and back.
- 25-32 1st couple set and spring points, then, with Tulloch hold, turn each other one and one-half times.
Repeat, having passed a couple.

9-16: *The reel of four follows the tradition of the wedding reel.*

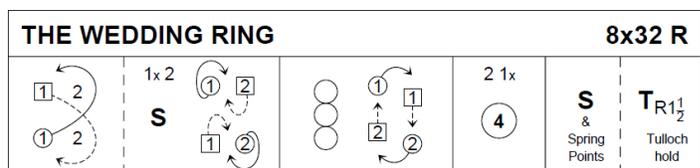
17-24: *The circle represents the wedding ring.*

25-32: *The set, spring points and Tulloch Turn are the celebration.*

Devised by Duncan and Maggie Keppie for the wedding between
Krissy Keech and Fraser Keppie on July 1st, 2005.

Previously published in *Haliburton SCD Book 3 (Corners)*. Reprinted with permission from Duncan and Maggie Keppie.

The wedding ring is of special significance as Fraser's ring slipped off his finger the day after the wedding while tubing down the Gaspereau River – a week later, it was found by a couple of boys with a metal detector and found its way back to Fraser.



Duncan and Maggie Keppie, 2005, Corners

2C/3C or 4C longwise set.

Welcome to Nova Scotia

A 32-bar strathspey for three couples in a four-couple longwise set

- 1-4 1st woman and 3rd man change places with a half turn and a twirl (stay facing out)
WHILE partners change places by crossing over to partner's place,
 then dancing down or up behind the 2nd couple.
- 5-8 1st man and 3rd woman return to original places with a half turn and a twirl
WHILE partners dance up or down behind the 2nd couple,
 then cross over to original places. 1st and 3rd couples finish facing out.
- 9-12 2nd couple petronella into the middle of the dance
 (woman above first place and man below third place) and set to each other, **WHILE** 1st
 and 3rd couples dance out and down or up to meet the other couple. They join nearer hands
 and set to their partners across the set.
- 13-16 2nd woman and 1st couple also 2nd man and 3rd couple,
 dance three hands round to the left
 to finish with the 1st and 3rd couples in the centre, back to back, facing 2nd couple.
- 17-20 1st and 3rd couples dance up or down, making arches for 2nd couple,
 then turn towards their partner to face down or up and set.
WHILE 2nd couple dance under the arches and, giving left hands, turn once round.
- 21-24 2nd woman dances right hands across with 1st couple
WHILE 2nd man dances right hands across with 3rd couple.
- All finish in original places, but 1st couple face down and 2nd couple face up.
- 25-26 1st and 2nd men also 1st and 2nd woman, giving both hands, turn halfway round.
- 27-28 2nd and 1st couple, retaining nearer hands on the sides, set to partners.
- 29-32 2nd and 1st couples dance right hands across.
 Repeat, having passed a couple.

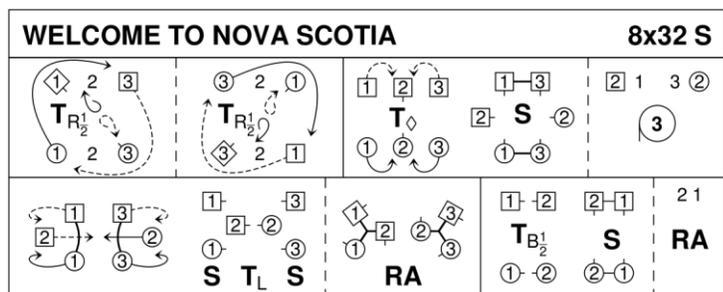
- 1-8 *Swirling of the Water.*
 9-16 *Halifax Harbour.*
 17-20 *The two bridges.*
 29-32 *The St Andrew's Cross.*

Devised by John Drewry (January, 1995) for Pat Kent of Halifax, Nova Scotia.

Previously published in *Bankhead Book Part 5*.

Reprinted with permission from TAC, who hold the copyright for all Drewry dances.

Tune: "Patricia's New Scotia Strathspey" by James C. Aulenbach.



John Drewry, 1995, Bankhead 5

3C/4C longwise set.

William's Strathspey

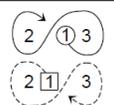
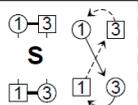
40-bar strathspey for four couples in a four-couple longwise set

- 1-4 1st couple, giving right hands, turn once round and cast off one place,
2nd couple stepping up.
- 5-8 1st couple, giving left hands, turn one and one-half times
to finish facing first corners.
- 9-16 1st couple set to first corners and then, giving both hands, turn them
to finish facing second corners.
1st couple set to second corners and, giving both hands, turn
finishing between their corners on opposite sides, facing first corner.
- 17-24 1st couple dance a figure of eight around their corners,
giving left shoulder to first corner to start.
Finish in second place on opposite sides, facing partner across set.
- 25-28 1st and 3rd couples, taking nearer hands, set on the side,
1st couple cross down into 3rd couple's place,
WHILE 3rd couple cast up into second place.
- 29-32 2nd and 3rd couples, and also 1st and 4th couples,
dance right hands across once round.
- 33-40 1st and 4th couples dance the knot.
Repeat, with a new top couple.

Devised by John Wood (20 October, 2002) for Bill Thorpe in recognition of his help as
Chairman of The Caledonian Group, RSCDS Nova Scotia [1979].

Previously published in *Passing The Porter and Other SCD*. Reprinted with permission from
Amanda Wood.

Music: "The Golden Wedding" [tunes: Sundrum Castle / The Miller of Hirn / Bonny Bridge /
Blin' Jamie] on Kenny Thomson's *Scottish Dance Favourites Volume 3*.

WILLIAM'S STRATHSPEY				4x40 S		
T_R 1	$T_{L1\frac{1}{2}}$	$S T_B$			2 3 1 4	1 4
			S	RA	KNOT	

John Wood, 2002, *Passing the Porter and Other SCD*

4C/4C longwise set.

Wisp of Thistle

32-bar strathspey for three couples in a four-couple longwise set

- 1-4 1st and 3rd couples dance petronella turns into the middle of the dance
 (1st man and 3rd woman back to back) and set to partners.
- 5-8 1st and 3rd couples dance a half reel of four.
- 9-10 3rd and 1st couples dance petronella turns to own sides.
 (3rd couple are in first place and 1st couple in third place.)
- 11-12 3rd, 2nd and 1st couples, joining nearer hands on the sides, set.
- 13-16 3rd, 2nd and 1st couples, giving right hands, turn partners to finish
 ready for allemande.
- 17-24 3rd, 2nd and 1st couples dance an allemande.
- 25-28 1st couple, giving right hands, cross over and cast off one place.
 2nd couple step up on bars 27-28.
- 29-32 1st couple dance a half figure of eight round 2nd couple.

Repeat, having passed a couple.

Note: At the end of their second turn of the dance,
 1st couple finish the half figure of eight by dancing down to fourth place
 WHILE 4th couple step up to third place on bars 31-32.

Choreographed by Pat Kent in honour of Her Majesty, Queen Elizabeth the Queen Mother, who, when she had seen the Scottish Country Dancers perform in the Tattoo in Nova Scotia, stated that they looked like "wisps of thistle".

Recommended music: "Royal Wedding/Wisp of Thistle" on the CD *Spark O' Water, Music for Scottish Country Dancing* by Keith Smith and Muriel Johnstone.

Previously published in RSCDS Book 37. Reprinted with permission from RSCDS.
Also published in *Spark O' Water, Dances of Nova Scotia*.

WISP OF THISTLE				8x32 S	
<div style="display: flex; justify-content: space-around; align-items: center;"> 1 3 </div> <div style="display: flex; justify-content: space-around; align-items: center;"> T_◇ S </div>	<div style="display: flex; justify-content: space-around; align-items: center;"> 3 1 3 2 1 </div> <div style="display: flex; justify-content: space-around; align-items: center;"> T_◇ S </div>	<div style="display: flex; justify-content: space-around; align-items: center;"> 3 2 1 </div> <div style="display: flex; justify-content: space-around; align-items: center;"> T_R </div>	<div style="display: flex; justify-content: space-around; align-items: center;"> 3 2 1 </div> <div style="display: flex; justify-content: space-around; align-items: center;"> A </div>	<div style="display: flex; justify-content: space-around; align-items: center;"> X_R 1 </div>	<div style="display: flex; justify-content: space-around; align-items: center;"> </div>

Pat Kent, RSCDS Book 37.4 & Spark O' Water

3C/4C longwise set.

Yellow-Haired Laddie Quadrille

64-bar Minuet for four couples in four-couple square set

Note: 1st and 3rd couples are also known as “HEADS”
2nd and 4th couples are also known as “SIDES”

Grand Square

- 1-2 HEADS, nearer hands joined with partner, advance towards each other
WHILE SIDES face partner and retire away from each other.
- 3-4 HEADS face partner (nearer hands with opposite partner) and retire away from partner; SIDES face opposite partner and advance towards them.
(Dancers are now in their corner's position and facing their opposite partner)
- 5-8 All four couples, giving right hands, turn the person they are facing (opposite partner).
- 9-12 All four couples dance back to back with the person they are facing.
- 13-16 All four couples, giving both hands, turn the person they are facing.
- 17-18 HEADS (now in SIDE positions) face opposite partner and retire away from them,
WHILE SIDES (now in HEAD positions),
nearer hands joined with opposite partner, face and advance towards their partner.
Finish facing partner.
- 19-20 HEADS face partner and advance towards original position,
WHILE SIDES face opposite partner and retire towards original position.
Finish facing partner.
- 21-24 All four couples, giving right hands, turn their partner.
- 25-28 All four couples dance back to back with their partner.
- 29-32 All four couples, giving both hands, turn their partner.

Four Couple Targe – (with acknowledgement to Derek Haynes)

- 33-34 All four women dance right hands across halfway,
WHILE all four men advance one quarter round the square counter-clockwise.
- 35-36 Giving left hand to the person you meet (your corner),
change places so women are outside facing counter-clockwise
and men inside ready for right hands across.
- 37-38 All four men dance right hands across halfway,
WHILE all four women advance one quarter round the square counter-clockwise.
- 39-40 Giving left hand to the person you meet (your partner), change places
so men are outside facing counter-clockwise
and women inside ready for right hands across.
- 41-42 All four women dance right hands across halfway,
WHILE all four men advance one quarter round the square counter-clockwise.

- 43-44 Giving left hand to the person you meet (your corner), change places so women are outside facing counter-clockwise and men inside ready for right hands across.
- 45-46 All four men dance right hands across halfway, **WHILE** all four women advance one quarter round the square counter-clockwise.
- 47-48 Giving left hand to the person you meet (your partner), turn three quarters to finish in the square in partner's position, men facing in, ladies out, left hand retained.

Tourbillon This Old Time Figure does not resemble the modern Scottish Country Dance figure. It is a grand chain turning each person one and one-half times to change places and continue on.

- 49-52 Giving right hands, turn the person to your right one and one-half times to change places and continue on.
- 53-56 Giving left hands, turn on-coming person one and one-half times to change places.
- 57-60 Giving right hands, turn on-coming person one and one-half times to change places.
- 61-64 Giving left hands, turn partner into original positions.

NOTE: Repeat the dance in jig time. Some changes will be necessary: During the Grand Square, the HEAD dancers should dance out of the centre rather than retire. Also, in the Grand Square, pas de basque should be used when turning with both hands in Bars 13-16 and 29-32. Otherwise, the dance is the same.

Arranged by Gerry Gray, Prince Edward Island.

This quadrille (square dance) is based on the country-dance of the same name published in RSCDS Book 12. Each section is suggested by actions in the original dance. However, by dancing in a square and having four active couples instead of two, very little similarity is apparent.

Suggested Music: "Yellow Haired Laddie" – Bobby Brown – *Grandfather Mountain Gala*.

As there is no *Yellow Haired Laddie* in Jig Time, I recommend using "Jig Medley" – Bobby Brown – *Grandfather Mountain Gala*.

YELLOW-HAIRED LADDIE QUADRILLE

64 Minuet + 64 Jig

<p>Minuet</p>			ALL	ALL
			ALL	ALL
<p>Jig</p>			ALL	ALL
			<p>R</p> <p>Bars 25 - 64 of Minuet in Jig time</p>	

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These dances were compiled by the Royal Scottish Country Dance Society Nova Scotia Branch.

Twenty-one of the dances were published in *Spark O' Water, Dances of Nova Scotia* in 2017 to celebrate the Branch's 35th Anniversary. The rest of the dances were submitted for consideration for publication, but, due to technical restrictions, could not be included in the booklet. It seemed a shame that all the dances could not be shared, so the decision was made to create this document with all of the submitted dances.

The original booklet has an accompanying CD featuring the wonderful fiddle and piano music of Keith Smith and Muriel Johnstone. The CD is called *Spark O' Water, Music for Scottish Country Dancing*.

The original booklet and CD are available for purchase from the RSCDS Nova Scotia Branch. (<http://www.rscdsnovascotia.ca>).

